

# MEDISPA MENU

QR-КОД



# SECTIONS:

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COSMETOLOGY

AESTHETICS OF THE BODY

MAYRVEDA BEATY

AYURVEDA

CONSULTATIONS

ORTHOMOLECULAR MEDICINE

PHYSIOTHERAPY

PHYSICAL THERAPY AND FITNESS

CLEANING

PURIFICATION

INSTRUMENTAL DIAGNOSTICS

LABORATORY DIAGNOSTICS



COSMETOLOGY

# COSMETOLOGY

	Duration, min	Price, rub.
<b>CONSULTATION AND DIAGNOSTICS</b>		
Primary consultation with a cosmetologist	30	4 400
Follow-up appointment with a cosmetologist	20	3 500
Primary consultation with a dermatovenerologist	30	4 200
Follow-up consultation with a dermatovenerologist	30	3 500
Diagnostic visualization of the skin on the ANTERA 3D, which allows you to assess the condition of the skin, to identify the severity of wrinkles, pigmentation and vascular disorders	30	2 500
Dermatoscopy - diagnosis of neoplasms skin (moles, hemangiomas, papillomas, etc.)	20	1 500
Consultation with a trichologist and Eliokap computer diagnostics of the scalp and hair	40	7 000

# COSMETOLOGY

Duration,  
min

Price,  
rub.

## HARDWARE COSMETOLOGY

### IPL phototherapy on the LUMENIS M22 device

photorejuvenation of the neck	30	10 300
photorejuvenation of the face	40	15 300
photorejuvenation of the upper third of the face (forehead)	30	6 500
photorejuvenation of the lower third of the face (chin)	30	6 500
Photorejuvenation of the cheeks	30	7 700
Photorejuvenation of the decollete area	30	6 500
Photorejuvenation of the face and neck	50	18 400
Photorejuvenation of the neck and decollete area	50	15 400
Photorejuvenation of the hands	30	7 700

### Removal of vascular formations and pigmentation on the LUMENIS M22 device

Removal of superficial vascular formations (up to 5x5 cm)	20	5 100
Removal of capillary hemangioma	20	2 500
Removal of superficial and deep telangiectasia	20	1 500
Removal of pink acne	30	3 500
Removal of deep and superficial benign pigmented formations (up to 5x5 cm)	30	5 100
Single pulses 1-10 pulses, per 1 pulse	20	200
Single pulses 11-30 pulses, per 1 pulse	20	150

COSMETOLOGY

# COSMETOLOGY

Duration,  
min

Price,  
rub.

## HARDWARE COSMETOLOGY

### Laser skin rejuvenation on the Clear&Brilliant device

Diamond facial peeling (laser skin remodeling, rejuvenation, texture and relief leveling, lifting)	40	24 900
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### Multi-output on the GENEIO+ device

Oxygenation program (ILLUMINATE / Lightening) + Tripollar RF therapy + Sonophoresis + Neomassage	60	13 500
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Oxygenation program (REVIVE / Rebirth) + Tripollar RF therapy + Sonophoresis + Neomassage	60	13 500
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Oxygenation Program (BALANCE) + Tripollar RF therapy + Sonophoresis + Neomassage	60	13 500
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Tripolar RF therapy - RF lifting	30	5 000
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Ultrasound / Phonophoresis - ultrasonic lifting	30	2 000
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NeoMassage - mechanical vibration massage for training facial muscles	30	2 000
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# COSMETOLOGY

Duration,  
min

Price,  
rub.

## HARDWARE COSMETOLOGY

### SMAS-lifting on the ULTRAFORMER III Face machine

Ultrasonic lifting of the face and neck (up to 1 000 lines)	90	94 000
Ultrasonic facial lifting, intensive protocol (up to 890 lines)	60	82 000
Ultrasonic facial lifting, intensive protocol (up to 790 lines)	50	69 000
Ultrasonic facial lifting, intensive protocol (up to 500 lines)	45	55 000
Ultrasonic lifting of the décolleté area (up to 350 lines)	40	36 800
Ultrasonic neck lifting (up to 300 lines)	30	31 000
Ultrasonic lifting of the lower third of the face (up to 350 lines)	40	35 000
Ultrasonic lifting of the chin area (up to 300 lines)	30	30 000
Ultrasonic lifting of the chin area and neck (up to 500 lines)	40	50 000
Ultrasonic lifting of the frontal area (up to 100 lines)	25	11 000
Ultrasonic eyelid lifting (up to 100 lines)	25	13 000
Ultrasound lifting of the periorbital zone, standard protocol (up to 200 lines)	35	25 000
Ultrasound lifting of the periorbital zone, intensive protocol (up to 400 lines)	40	45 000
Ultrasonic lifting (1 line)	-	200

# COSMETOLOGY

Duration,  
min

Price,  
rub.

## HARDWARE COSMETOLOGY

### SMAS-lifting on the ULTRAFORMER III device Body

Ultrasonic lifting of the lateral surfaces of the abdomen, intensive protocol (up to 1,800 lines)	120	130 000
Ultrasonic lifting of the lateral surfaces of the abdomen, standard protocol (up to 1,500 lines)	110	120 000
Ultrasonic lifting of the inner surfaces of the thighs, intensive protocol (up to 1,000 lines)	90	92 500
Ultrasonic lifting of the inner surfaces of the thighs, standard protocol (up to 900 lines)	90	80 000
Ultrasound abdominal lifting, intensive protocol (up to 1,980 lines)	110	160 000
Ultrasound abdominal lifting, standard protocol (up to 1,500 lines)	110	120 000
Ultrasonic lifting of the knee area, intensive protocol (up to 180 lines)	30	29 000
Ultrasonic lifting of the knee area, protocol standard (up to 150 lines)	30	26 000
Ultrasonic lifting of the shoulder area, intensive protocol (up to 700 lines)	50	75 000
Ultrasonic lifting of the shoulder area, standard protocol (up to 600 lines)	45	65 000
Ultrasonic lifting of the armpit area, intensive protocol (up to 150 lines)	30	24 000
Ultrasonic armpit lifting, standard protocol (up to 120 lines)	30	23 000
Ultrasonic arm lifting (up to 1,800 lines)	10	130 000

### Photodynamic therapy on the REVITAL device

Photodynamic therapy (PDT) - 1 zone	50	8 500
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### Hardware procedures for the face

Ultraphonophoresis (1 zone)	20	4 000
Darsonvalization	15	2 000
Microcurrent therapy	20	3 000



# COSMETOLOGY

Duration,  
min

Price,  
rub.

## AESTHETIC COSMETOLOGY

### Complex facial treatments

#### CASMARA Professional line / Spain

CASMARA Comprehensive Anti-age Facial Treatment with 24-karat Gold	60	8 500
CASMARA Complex cleansing facial with diatoms	60	9 000
CASMARA Complex Rejuvenating facial care with pro- and prebiotic	60	8 500
CASMARA Complex Regenerating facial care with argireline (alternative to botox)	60	8 500
CASMARA Complex detox facial care with active oxygen and D-ribose	60	8 500
CASMARA Complex firming care with hydrolift effect	60	8 000
CASMARA Comprehensive Energy care for rejuvenation with coenzyme Q10	60	8 800
CASMARA Comprehensive care with goji berries	60	6 900

#### INTEGRA SALUS professional line / Italy

INTEGRA SHUS Complex Strengthening care with bandage dressing LUX-ELEGANS	65	9 500
INTEGRA SHUS Complex delicate care with bandage dressing DELICATE-LUX	65	9 500
INTEGRA SALUS Comprehensive care for combination skin with bandage bandaging IUVENIS-LUX	65	9 500
INTEGRA SHUS Comprehensive care for men VIRILIS-LUX	65	7 500
INTEGRA SHUS Comprehensive care for men VIRILIS-basic	65	6 000

#### ZEIN OBAGI / USA Professional cosmeceuticals

ZEIN OBAGI Comprehensive Premium Care CLEAN SKIN (full program)	60	12 000
ZEIN OBAGI Comprehensive Premium care CLEAN SKIN (abbreviated program)	40	8 000

#### IS CLINICAL / USA Professional line

IS CLINICAL Comprehensive Eye Area Care A FRESH LOOK	10	4 500
IS CLINICAL Comprehensive Facial Care FIRE AND ICE	40	12 500

# COSMETOLOGY

Duration,  
min

Price,  
rub.

## AESTHETIC COSMETOLOGY

### Peeling Face

BioRe Peel Facial Peeling	20	5 500
BioRe Peel peeling for face and neck	20	7 600
BioRe Peel peeling for face, neck and décolleté area	20	12 000
PRXT 33 facial peeling	25	6 500
PRXT 33 peeling for face and neck	25	8 600
PRXT 33 peeling for face, neck and décolleté area	25	13 000

### Body

BioRe Peel peeling for hands	20	6 500
BioRe Peel peeling for hands, forearms	30	14 500
BioRe Peel peeling for back to buttocks	30	14 300
BioRe Peel peeling for buttocks	20	14 300
PRXT 33 peeling for hands	20	7 500
PRXT 33 peeling for hands, forearms	25	15 300
PRXT 33 peeling for the back to the buttocks	30	15 300
PRXT 33 peeling for buttocks	20	15 300

### Purification

Atraumatic facial cleansing	60	4 500
Classic facial cleansing (mechanical)	70	6 000
Ultrasonic facial cleansing	40	3 500

# COSMETOLOGY

Duration,  
min

Price,  
rub.

## FACE MASSAGE

Classic cosmetic facial massage	20	2 500
Classic cosmetic facial massage	30	3 500
Lymphatic drainage facial massage	20	2 500
Lymphatic drainage facial massage	30	3 500
Plastic facial massage	20	2 500
Plastic facial massage	30	3 500
MAYRVEDA Beauty (face, neck, décollete area)	30	4 000

# COSMETOLOGY

Duration,  
min

Price,  
rub.

## INJECTABLE COSMETOLOGY

### Injection contour plastic

#### Architecture of the "Golden Section" face

JUVEDERM VOLUME (1 ml) JUVEDERM ULTRA 4 (1 ml)	50	80 000
JUVEDERM VOLUME (2 ml) JUVEDERM ULTRA 4 (2 ml)	80	103 500
BELOTERO INTENSE (1 ml) BELOTERO VOLUME (1 ml)	50	77 500
BELOTERO INTENSE (2 ml) BELOTERO VOLUME (2 ml)	70	101 000
NEAUVIA INTENSE (1 ml) NEAUVIA INTENSE LV (1 ml)	50	71 500
NEAUVIA INTENSE (2 ml) NEAUVIA INTENSE LV (2 ml)	70	95 000

### Injection contour plastic "Endless Youth"

JUVEDERM VOLUME (1 ml) JUVEDERM ULTRA 4 (1 ml)	50	75 000
JUVEDERM VOLUME (2 ml) JUVEDERM ULTRA 4 (2 ml)	60	98 500
BELOTERO INTENSE (1 ml) BELOTERO VOLUME (1 ml)	50	72 500
BELOTERO INTENSE (2 ml) BELOTERO VOLUME (2 ml)	80	96 000
NEAUVIA INTENSE (1 ml) NEAUVIA INTENSE LV (1 ml)	50	66 500
NEAUVIA INTENSE (2 ml) NEAUVIA INTENSE LV (2 ml)	80	90 000

### Temporal lifting

BELOTERO INTENSE (4 ml)	80	95 000
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# COSMETOLOGY

Duration,  
min

Price,  
rub.

## INJECTABLE COSMETOLOGY

### Correction of dynamic zones: face / neck / pouch

JUVEDERM VOLIFT (1 ml)	50	30 000
JUVEDERM ULTRA 2 (1.1 ml)	50	37 000
JUVEDERM ULTRA 3 (1 ml)	50	30 000
BELOTERO SOFT (1 ml)	50	29 500
JUVEDERM ULTRA SMILE (1.1 ml)	50	32 000
PROFHILO (2 ml)	30	23 500

### Non-surgical injectable eyebrow correction

JUVEDERM ULTRA 4 (1 ml)	50	29 000
BELOTERO INTENSE (1 ml)	50	27 000
NEAUVIA INTENSE LV (1 ml)	50	22 000

### Non-surgical injection rhinoplasty

JUVEDERM ULTRA 4 (1 ml)	50	30 000
BELOTERO INTENSE (1 ml)	50	30 000

### Correction of the nasolacrimal sulcus

BELOTERO INTENSE (1 ml)	50	29 500
BELOTERO SOFT (1 ml)	50	29 500

### Contour plastic of the cheekbones

JUVEDERM VOLUME (2 ml)	50	52 000
JUVEDERM ULTRA 4 (2 ml)	50	47 000
BELOTERO VOLUME (2 ml)	50	47 000
NEAUVIA INTENSE (2 ml)	50	44 000

### Vector lifting

RADIESS (1,5 ml)	60	30 500
RADIESS (3 ml)	70	58 000

# COSMETOLOGY

Duration,  
min

Price,  
rub.

## INJECTABLE COSMETOLOGY

### Correction of nasolabial folds

JUVEDERM VOLIFT (1 ml)	50	26 000
JUVEDERM ULTRA 4 (1 ml)	50	23 500
JUVEDERM VOLUME (1 ml)	50	26 000
BELOTERO BALANCE (1 ml)	50	22 000
NEAUVIA INTENSE LV (1 ml)	50	22 000

### Lip augmentation

JUVEDERM ULTRA SMILE (0,55 ml)	50	16 000
JUVEDERM ULTRA 3 (1 ml)	50	22 500
JUVEDERM VOLIFT (1 ml)	50	26 000
BELOTERO BALANCE (1 ml)	50	22 000

### Augmentation of the angles of the lower jaw

JUVEDERM VOLUME (2 ml)	50	50 000
BELOTERO VOLUME (2 ml)	50	47 000
NEAUVIA INTENSE LV (1 ml)	50	22 000

### Contouring of the chin

JUVEDERM ULTRA4 (1 ml)	50	23 500
JUVEDERM VOLUME (1 ml)	50	26 000
BELOTERO VOLUME (1 ml)	50	23 500
NEAUVIA INTENSE (1 ml)	50	22 000

### Volumization of the hands

BELOTERO BALANCE (2 ml)	50	42 000
JUVEDERM ULTRA3 (2 ml)	50	45 000
JUVEDERM VOLIFT (2 ml)	50	56 000
NEAUVIA INTENSE LV (1 ml)	50	22 000

### Mesotherapy

NCTF 135 HA Cellular polyrevitalization (3 ml)	40	12 800
AUREVITELLI PEPTO LIPO CONTOUR (1 ml)	20	4 000

# COSMETOLOGY

Duration,  
min

Price,  
rub.

## INJECTABLE COSMETOLOGY

### Biorevitalization

MESO-WARTON P199 (1,5 мл)	50	22 500
MESO-XANTHIN F 199 (1,5 мл)	50	23 000
MESOSCULPT C71 (1 мл)	40	23 000
PROFHILO (2 мл)	30	23 500
NEAUVIA HYDRO DELUXE MAN (2.5 мл)	50	22 000
NEAUVIA HYDRO DELUXE (1 мл)	40	18 000
MESOEYE C 71 (1 мл)	50	23 000
BELLARTI HYDRATE (1 мл)	50	19 000

### Injections of placental preparations

CURACEN (2 мл)	40	15 000
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### Plasma therapy REGEN LAB

Regen Lab PRP therapy (blue tube)	60	16 000
Regen Lab PRP therapy (red tube)	60	16 000
Regen Lab PRP therapy (gold tube)	60	26 000
Regen Lab PRP therapy (2 blue tubes)	60	28 000
Regen Lab PRP therapy (2 blue and 1 red tubes)	60	39 000

### Botulinum Therapy

Botox (1 ед.)	20	450
Botox (5 ед.)	20	2 250
Botox (10 ед.)	20	4 500
Botox (20 ед.)	20	9 000
Dysport (1 ед.)	20	250
Relatox (1 ед.)	20	400
Relatox (5 ед.)	20	2 000
Relatox (10 ед.)	20	4 000
Relatox (20 ед.)	20	8 000
Hyperhidrosis correction	40	30 000

# COSMETOLOGY

Duration,  
min

Price,  
rub.

## HARDWARE COSMETOLOGY

### Removal of new skin growths

Removal of a pigmented nevus, fibropapilloma, dermatofibroma up to 0.5 cm in diameter*	20	1 700
Removal of pigmented nevus, fibropapilloma, dermatofibroma 0.5 cm to 1 cm in diameter*	20	2 200
Removal by electrocoagulation of one Keratoma up to 0,5 cm *	20	1 000
Removal by electrocoagulation of one Electocoagulated removal of a single keratoma, from 0.5 cm to 1 cm*	20	1 500
Electocoagulated removal of one keratoma above 1 cm*	20	2 000
Removal by electrocoagulation papilloma, 1 piece*	15	800
Electrocoagulation removal Removal of papillomas, 5 to 10 pieces*	30	4 500
Electrocoagulation removal Papilloma, 10 to 20 pieces*	40	5 500
Electrocoagulation removal Papilloma, more than 20 pieces*	40	13 000
Removal by electrocoagulation (cryoablation) of one wart Vulgar wart up to 0,5 cm*	20	1 500
Removal by electrocoagulation (cryoablation) of one wart Vulgar wart above 0,5 cm*	20	2 500
Electrocoagulation of infiltrate (one element) dissection	20	1 500
Electrocoagulation of infiltrate (one element) dissection with piercing	20	2 000

\* without a histological study



# COSMETOLOGY

Duration,  
min

Price,  
rub.

## Other cosmetology services

Use of a nano-needle (1 pc.)	-	300
Use of a cannula (1 pc.)	-	1 800
Conduction anesthesia	-	1 000
Infiltration anesthesia	-	1 000
Application anesthesia	-	1 000
Correction / removal of fillers with Longidaza preparation	-	2 500



## BODY AESTHETICS

# BODY AESTHETICS

Duration,  
min

Price,  
rub.

## HARDWARE BODY TREATMENTS

### Lipomassage with the ICOONE device

Active lymphatic drainage and modeling body contouring on the Icoone apparatus with laser technology	60	9 000
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### Pressotherapy on SlimUp Drain Perfecta device

Lymphatic drainage pressotherapy with Slim Up Drain Perfecta apparatus	30	3 100
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FABBRIMARINE Lymphatic drainage therapy (bandage wrap + pressure therapy) with the use of Slim Up Drain Perfecta apparatus	50	6 800
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### Carboxytherapy on the CDT Light machine

Facial carboxytherapy with CDT light device	20	5 000
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Facial and neck carboxytherapy with CDT light device	30	6 500
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Carboxytherapy of face, neck and decollate with CDT light device	30	8 000
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Carboxytherapy for hands with the CDT light device	30	5 000
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Abdominal Carboxytherapy with CDT light device	30	6 000
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Thigh Carboxytherapy with CDT light device	30	6 000
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Carboxytherapy to reflexogenic points of the Spine with CDT light device (1 section)	15	5 500
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Carboxytherapy of a large joint with CDT light device (1 joint)	15	5 500
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# BODY AESTHETICS

Duration,  
min

Price,  
rub.

## COMPREHENSIVE BODY CARE

### Complex wrapping with FABBRIMARINE cosmetics

FABBRIMARINE SPA – programme for figure correction “Start 1 Lipolysis”.	50	7 200
FABBRIMARINE SPA- programme for figure correction “Start 2 anticellulite”.	50	7 200
FABBRIMARINE SPA-programme for figure correction “START 3 THERMO ACTIVE”.	50	7 200
FABBRIMARINE SPA- programme for figure correction Start “START 4 DRENAGE”.	50	7 200
FABBRIMARINE SPA- programme for figure correction “START 5 TONUS”.	50	7 200
FABBRIMARINE SPA- programme for figure correction “Start 6 HEAVENESS”.	50	7 200

### Comprehensive care with organic cosmetics AYPА

FOUR ELEMENTS warming up care for the back	50	7 000
FOUR ELEMENTS warming up care for the body	80	12 500

# BODY AESTHETICS

Duration,  
min Price,  
rub.

## SPA RITUALS IN THE HAMMAM FOR TWO

LA SULTAN DE SABA. "Journey to the flower of life" - care in the hammam with black soap, a kessa mitt and a wrap with Rasul Clay. Based on the oils: Lotus, Frangipani and Carite.	120	27 000
LA SULTAN DE SABA "Journey to India" - care in the hammam with black soap, a kessa mitt and a wrap with Rasul Clay. Based on the oils: Musk, Frankincense, Vanilla and Carite.	120	27 000
LA SULTAN DE SABA "Journey to the Taj Mahal" - care in the hammam with black soap, a kessa mitt and a wrap with Rasul Clay. Based on the oils: Musk, Frankincense, Rose and Carite.	120	27 000
LA SULTAN DE SABA "Journey down the road of spices" - care in the hammam with black soap, a kessa mitt and a wrap with Rasul Clay. Based on the oils: Patchouli, Amber, Vanilla and Carite.	120	27 000

# BODY AESTHETICS

Duration,  
min

Price,  
rub.

## SPA RITUALS AND AYURVEDIC TREATMENTS IN THE HAMMAM WITH LA SULTAN DE SABA COSMETICS

LA SULTAN DE SABA. "Journey to the flower of life" - care in the hammam with black soap, a kessa glove and a wrap with Rasul Clay. Based on oils: Lotus, Frangipani and Carite.	<b>60</b>	<b>10 000</b>
LA SULTAN DE SABA "Journey to India" - care in the hammam with black soap, a kessa glove and a wrap with Rasul Clay. Based on oils: Musk, Frankincense, Vanilla and Carite.	<b>60</b>	<b>10 000</b>
LA SULTAN DE SABA "Journey to the Taj Mahal" - care in the hammam with black soap, a kessa glove and a wrap with Rasul Clay. Based on oils: Musk, Frankincense, Rose and Carite.	<b>60</b>	<b>10 000</b>
LA SULTAN DE SABA "Journey down the road of spices" - care in the hammam with black soap, a kessa glove and a wrap with Rasul Clay. Based on oils: Patchouli, Amber, Vanilla and Carite.	<b>60</b>	<b>10 000</b>
LA SULTAN DE SABA "Journey on the road to Darjeeling" - care in the hammam with black soap, a kessa glove and a wrap with Rassoul clay. Based on oils: Green Tea, Ginger and Carite	<b>60</b>	<b>10 000</b>

# BODY AESTHETICS

Duration,  
min

Price,  
rub.

## SPA RITUALS WITH "SVEDANA" AYURVEDIC BARREL

LA SULTAN DE SABA. "Journey to the flower of life" - care in a barrel of "Svedana" with black soap, gommage and wrapping with Rassoul clay with Karite oil (lotus fragrance / Frangipani fragrance)	120	15 000
LA SULTAN DE SABA "Journey to India" - care in a barrel of "Svedana" with black soap, gommage and wrapping with Rassoul clay with Karite oil (Musk / Frankincense / Vanilla fragrance)	120	15 000
LA SULTAN DE SABA "Journey to the Taj Mahal" - care in a barrel of "Svedana" with black soap, gommage and wrapping with Rassoul clay with Karite oil (Musk / Frankincense / Rose fragrance)	120	15 000
LA SULTAN DE SABA "Journey down the road of spices" - care in a barrel of "Svedana" with black soap, gommage and wrapping with Rassoul clay with Karite oil (Patchouli/Amber/Vanilla fragrance)	120	15 000

# BODY AESTHETICS

Duration,  
min

Price,  
rub.

## SPA RITUALS WITH "SVEDANA" AYURVEDIC BARREL (GOMMAGE+MILK)

LA SULTAN DE SABA "Journey to the Flower of Life" - care in a barrel of "Svedana" with gommage and moisturizing milk based on Lotus and Frangipani oils.	<b>60</b>	<b>10 000</b>
LA SULTAN DE SABA "Journey to India" - care in a barrel of "Svedana" with gommage and moisturizing milk based on Musk, Frankincense and Vanilla oils.	<b>60</b>	<b>10 000</b>
LA SULTAN DE SABA "Journey to the Taj Mahal" - care in a barrel of "Svedana" with gommage and moisturizing milk based on Musk, Frankincense and Rose oils.	<b>60</b>	<b>10 000</b>
LA SULTAN DE SABA "Journey down the road of spices" - care in a barrel of "Svedana" with gommage and moisturizing milk based on Patchouli, Amber and Vanilla oils.	<b>60</b>	<b>10 000</b>
LA SULTAN DE SABA "Journey on the road to Darjeeling" - care in a barrel of "Svedana" with gommage and moisturizing milk based on Green tea and Ginger oils.	<b>60</b>	<b>10 000</b>



# BODY AESTHETICS

Duration,  
min

Price,  
rub.

## EPILATION

### LUMENIS M22, Photoepilation for women

#### FACE

Face	45	4 500
Cheekbones	20	2 000
Upper lip	20	1 500
Neckline	30	1 500
Neck	30	2 500
Cheeks	30	3 500
Chin	20	2 000

#### BODY

Shoulders	30	2 500
Back	30	6 000
Lower back	30	4 500
Areolae of mammary glands	20	1 500
Axilla	20	3 000
White line area	30	1 500
abdomen	30	4 500
Glutes	30	3 500
Calves	30	7 000
Thighs	60	7 000
Classic bikini	20	4 500
Inner thighs	60	4 000
Outer thighs	60	4 000
Legs completely	80	15 000
Arms	30	1 500
Forearms	45	3 900
Arms completely	60	6 000
Treatment of a single hair	5	300
Additional area (up to 10x10 cm)	10	1 000

# BODY AESTHETICS

Duration,  
min

Price,  
rub.

## EPILATION

### LUMENIS M22, Photoepilation for men

#### FACE

Face	45	8 000
Upper lip	20	3 000
Chin	20	3 000
Whiskers	30	2 990
Neck	30	5 000

#### BODY

	30	5 000
Shoulders	60	6 000
Chest	60	7 900
Back	60	12 000
Lower back	60	6 900
Armpits	30	3 000
Belly	60	6 900
Buttocks	60	7 900
Men's bikini	60	7 500
Lower legs	45	10 900
Hips	60	11 900
Legs completely	90	19 990
Brushes	40	4 000
Forearms	60	6 000
Hands completely	60	9 000
Additional area (up to 10x10cm)	-	1 500

# BODY AESTHETICS

Duration,  
min

Price,  
rub.

## TRICHOLOGY

Primal consultation with a trichologist (detailed anamnesis, examination, recommendations)	<b>30</b>	<b>2 000</b>
ELIOKAP Diagnostics of the scalp and hair, preparation of a trichogram	<b>40</b>	<b>3 500</b>
Follow-up consultation with a trichologist	<b>30</b>	<b>1 000</b>
Darsonvalization of the scalp	<b>20</b>	<b>1 200</b>
Consultation with a trichologist and ELIOKAP diagnostics of the scalp and hair	<b>40</b>	<b>7 000</b>



MAYRVEDA BEAUTY

# MAYRVEDA BEAUTY

Duration,  
min

Price,  
rub.

## ELIOKAP TOP LEVEL TRICHOLOGICAL CARE

ELIOKAP TOP LEVEL phytopylling and personal trichological cocktail for the scalp	70	11 500
ELIOKAP TOP LEVEL trichological scalp care for seasonal or stressful hair loss	60	8 300
ELIOKAP TOP LEVEL trichological scalp care for androgenetic hair loss	60	10 500
ELIOKAP TOP LEVEL trichological detox care for the scalp DEEP DETOX	60	6 500
ELIOKAP TOP LEVEL trichological anti-age care for the scalp ENERGY OF LIFE	60	7 800
ELIOKAP TOP LEVEL trichological care for sensitive scalp	60	7 200
ELIOKAP TOP LEVEL trichological refreshing scalp care	60	8 300
ELIOKAP TOP LEVEL trichological care for the scalp restoring biobalance	60	9 400
ELIOKAP TOP LEVEL personal trichological cocktail for strengthening and restoring hair structure	60	9 400
ELIOKAP TOP LEVEL personal trichological cocktail for strengthening and restoring the structure of hair, BRILLIANT BLONDE	90	11 500
ELIOKAP TOP LEVEL intensive ULTRASONIC hair restoration to strengthen and seal.	60	10 500
ELIOKAP TOP LEVEL intensive ULTRASONIC hair restoration for volume and shine.	60	10 500
ELIOKAP TOP LEVEL intensive ULTRASONIC hair restoration for smoothing.	60	10 500
ELIOKAP TOP LEVEL intensive ULTRASONIC hair restoration for matrix compaction.	60	10 500
ELIOKAP TOP LEVEL intensive ULTRASONIC hair restoration for hydration and shine.	60	10 500

# MAYRVEDA BEAUTY

Duration,  
min

Price,  
rub.

## HAIRDRESSING & SALON SERVICES

women's haircut	80	7 000
Men's haircut	45	4 500
Men's haircut with a nozzle or a typewriter	45	3 000
bangs design	20	1 000
Making the length in one slice	20	2 500
Edging	20	3 000
Daytime styling	60	4 000
Styling curls for brushing	90	5 000
Cocktail styling	90	7 500
Shampooing by NATULIQUE	20	2 000
Care from NATULIQUE, intensive recovery of ULTRASONIC	15	1 500
Beard and mustache correction	45	2 500
Wax (one zone)	30	1 000

## NATURAL COLORINGS

Staining the roots	90	7 500
Hair coloring in one tone	120	13 000
Hair coloring contouring	210	18 000
Complicated Hair coloring Airtouch / Shatush / Balayage	360	27 500
Hair toning	80	9 000
Hair prepigmentation	20	3 500
Total blonde hair lightening	180	21 500
Partial highlighting	210	18 000
Traditional highlighting	270	27 500
Decapage complex (color wash)	360	14 500
Male camouflage/hair toning	30	4 000
Beard/Mustache coloring	30	2 500

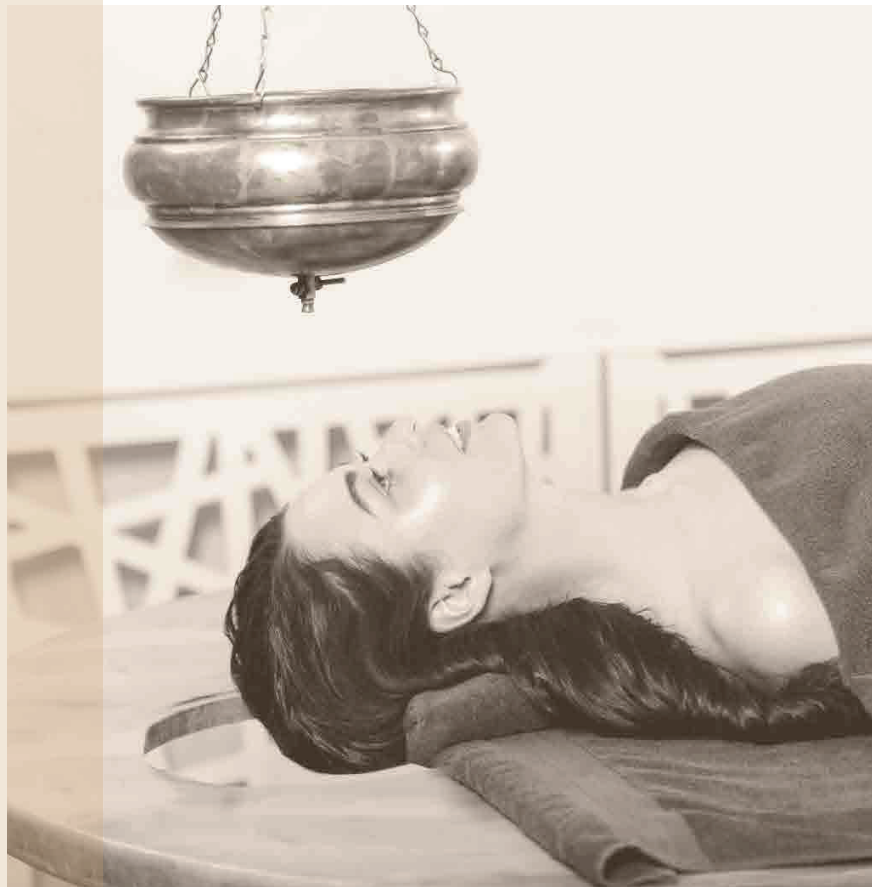
# MAYRVEDA BEAUTY

Duration,  
min

Price,  
rub.

## NAIL SERVICE

Complex manicure without coating	<b>70</b>	<b>4 000</b>
Complex manicure with a solid coating	<b>90</b>	<b>4 700</b>
Complex manicure with coating and design	<b>120</b>	<b>5 200</b>
Complex manicure with nail modeling and coating	<b>150</b>	<b>6 800</b>
Japanese manicure	<b>90</b>	<b>4 500</b>
Japanese manicure with coating	<b>120</b>	<b>5 000</b>
SPA manicure	<b>90</b>	<b>4 500</b>
Gel polish removing	<b>30</b>	<b>1 000</b>
Restoration of 1 nail plate	<b>30</b>	<b>500</b>
Complex pedicure without coating	<b>70</b>	<b>5 000</b>
Complex pedicure with a solid coating	<b>90</b>	<b>5 700</b>
Complex pedicure with coating and design	<b>120</b>	<b>6 200</b>
Japanese pedicure	<b>100</b>	<b>5 500</b>
Japanese pedicure with coating	<b>120</b>	<b>6 000</b>
Express pedicure with coating	<b>40</b>	<b>4 000</b>
Express pedicure without coating	<b>30</b>	<b>3 000</b>
SPA pedicure	<b>120</b>	<b>5 500</b>



AYURVEDA



# AYURVEDA

Duration,  
min

Price,  
rub.

## AYURVEDA – METHODS OF DEEP ENERGY RECOVERY OF THE BODY

Primal consultation with an Ayurvedic specialist	50	6 500
Follow-up consultation with an Ayurvedic specialist	30	4 000
Final consultation with an Ayurvedic specialist	30	3 000
Ayurvedic abdominal therapy	20	3 500

## AYURVEDIC PROCEDURES

Abhyangom - massage rhythm with herbal oils	50	7 000
Kizhi - massage restaurant with herbal bags	50	7 300
Pizhichill - massage ritual and pouring with herbal oils	60	19 800
Udvarthanam - massage rhythm with herbal powder	50	9 500
Sirodhara - ritual with oil	50	18 800
Njavarakizhi - massage ritual with herbal bags and milk	50	10 500
Nasyam – nasal procedures	20	3 900
Kateevasthi - ritual with oil	30	3 900
Vasthi – ayurvedic enema	30	8 800
Sirovasthi - ritual with oil for the head	50	15 000
Foot massage - foot massage ritual	50	4 400
Ayurveda Rejuvenating Face Massage - Rejuvenating Ayurvedic massage	20	5 000
Ayurvedic spa procedure based on dosha type	50	7 000



## CONSULTATIONS

# CONSULTATIONS

Duration,  
min

Price,  
rub.

## CONSULTATIONS

Primary consultation with a Mayr therapy specialist	50	7 500
Follow-up consultation with a manual abdominal therapy specialist based on Mayr technique	40	4 500
Final consultation with a Mayr therapy specialist	50	7 000
Primal consultation with a general practitioner	30	4 200
Follow-up consultation with a Mayr therapy specialist	20	2 500
Primal consultation with a physician with testing	40	5 500
Follow-up consultation with a physician	30	3 000
Primal consultation with the chief physician, a specialist in preventive medicine	50	9 000
Follow-up consultation with the chief physician, a specialist in preventive medicine	30	6 200
Final consultation with the chief physician, a specialist in preventive medicine	50	9 000
Primal consultation with a nutritionist	50	5 500
Follow-up consultation with a nutritionist	30	3 000
Final consultation with a nutritionist	50	4 000
Primal consultation with a physiotherapist	50	5 000
Follow-up consultation of a physiotherapist	30	3 000
Primal consultation with an endocrinologist	50	5 000
Follow-up consultation with an endocrinologist	30	4 000
Consultation with a physician, Bicycle Ergometer Exercise Test	50	6 600
Primal consultation with a pulmonologist	50	5 500
Follow-up consultation with a pulmonologist	50	4 000
Primal consultation with a gastroenterologist	50	5 500
Follow-up consultation with a gastroenterologist	30	3 000
Primal consultation with a cardiologist	50	6 000
Follow-up consultation with a cardiologist	30	4 500

# CONSULTATIONS

	Duration, min	Price, rub.
<b>NEUROLOGY</b>		
Primal consultation with a neurologist	50	5 500
Follow-up consultation with a neurologist	30	4 000
Paravertebral block of the thoracic spine (excluding the cost of the medicine)	20	5 500
Paravertebral block of the lumbar spine (excluding the cost of the medicine)	20	5 500
Paravertebral block of the cervical-collar zone (excluding the cost of the medicine)	20	5 500
<b>CHIROPRACTIC AND OSTEOPATHY</b>		
Consultation with a chiropractic doctor	40	6 000
Primal consultation of a chiropractor with a chiropractic session	50	11 000
Follow-up consultation of a chiropractic doctor with a chiropractic session	50	8 000
Manual therapy session	50	7 500
Manual therapy session	30	4 000
Manual therapy session	20	2 000
Therapeutic taping of zone 1	20	2 000
Consultation with an osteopathic doctor	50	8 900
Follow-up consultation of an osteopathic doctor with an osteopathy session	70	11 000
Follow-up consultation of an osteopathic doctor with an osteopathy session	50	8 000
Osteopathy session	50	9 000

# CONSULTATIONS

	Duration, min	Price, rub.
<b>REFLEXOLOGY</b>		
Primal consultation with a reflexologist	40	4 500
Acupuncture in diseases of the peripheral nervous system	40	3 500
Acupuncture in diseases of the central nervous system	40	3 500
Acupuncture in diseases of the cardiovascular system	40	3 500
Acupuncture for improving mood and raising vitality	40	3 500
Acupuncture for respiratory diseases	40	3 500
Acupuncture in diseases of the bone system	40	3 500
Acupuncture for diseases of the liver, biliary tract	40	3 500
Acupuncture in diseases of the pancreas	40	3 500
Acupuncture for diseases of the esophagus, stomach and duodenum	40	3 500
Acupuncture according to the Mayr-detox program	40	3 500
Acupuncture according to the "Antistress" program	40	3 500
Acupuncture "Antitabac"	40	3 500
Acupuncture "Weight correction"	40	3 500
<b>PSYCHOLOGY</b>		
Primal consultation with a psychologist	50	5 500
Follow-up consultation with a psychologist	50	5 000
Individual psychological counseling with testing	80	7 500
Individual session of psychological relief	50	5 000
Neuro graphics, individual lesson	90	9 000
A session of body-oriented therapy	90	7 500
Group transformation game	300	6 000
Olfactotherapy session with the preparation of a personaltherapeutic formula from natural essential oils for 21 days	180	16 500
Subscription for 3 monthly olfactotherapy sessions with the preparation of a personal therapeutic formula for 21 days	540	55 000



## ORTHOMOLECULAR THERAPY

# ORTHOMOLECULAR THERAPY

Duration,  
min

Price,  
rub.

## ORTHOMOLECULAR THERAPY

Intravenous infusion as prescribed by a doctor	50	3 500
Intravenous infusion of iron preparations	90	17 000
Intravenous infusion of anti-age medicine	50	9 000
Intravenous injection as prescribed by a doctor	10	1 500
Intramuscular injection as prescribed by a doctor	10	1 400
Subcutaneous injection as prescribed by a doctor	10	1 400
Pharmacopuncture (with Heel preparations, Germany)	30	5 500
VLOK session (intravenous laser irradiation of blood)	30	3 500

## OZONE THERAPY

Subcutaneous injection of a gas ozone-oxygen mixture (zone 1)	20	2 000
Intravenous injection of ozonated Saline	60	3 000

## LAENNEC PLACENTAL THERAPY

LAENNEC placental therapy	30	6 800
LAENNEC (intramuscular injection of the drug, 2 ml)	30	11 900
LAENNEC (intramuscular injection of the drug, 4 ml)	120	11 000
LAENNEC (placental droppers, 4 ml)	120	16 700
LAENNEC (placental droppers, 6 ml)	120	21 900
LAENNEC (placental droppers, 8 ml)	120	27 000
LAENNEC (placental droppers, 10 ml)	120	27 000
LAENNEC (subcutaneous injection of the drug, 2 ml)	30	6 000
LAENNEC (subcutaneous injection of the drug, 4 ml)	30	9 500
LAENNEC pharmacopuncture, (2 ml)	30	6 900
LAENNEC pharmacopuncture, (4 ml)	30	12 000
Glutathione (intramuscular injection of 0.6 mg)	10	2 500



PHYSIOTHERAPY



# PHYSIOTHERAPY

Duration,  
min

Price,  
rub.

## MASSAGES

Hardware vacuum detox massage by Mayr technique	40	7 000
Manual reflexogenic massage of the head and neck by Mayr technique	30	5 500
Manual acupressure by Mayr technique	50	6 000
Manual reflexogenic foot massage by Mayr technique	40	5 000
Manual general medical massage	90	10 000
Manual massage of the cervical-collar zone	25	3 300
Manual back massage	45	5 500
Manual lymphatic drainage massage of the whole body	50	10 000
Manual anti-cellulite massage	50	10 000
Manual massage of the lumbosacral zone	30	3 500
Manual massage of the lower extremities	50	6 500
Manual sports massage	50	10 000
Cupping anti-cellulite massage	30	3 500
Cupping back massage	30	3 500
Manual general medical massage on Integra Salus cosmetics	50	6 500
MAYRVEDA Welcome ceremony - Welcome ceremony. Manual massage of the shins and feet	25	6 000
MAYRVEDA Massage - Manual relaxing full body massage	50	7 000

# PHYSIOTHERAPY

Duration,  
min

Price,  
rub.

## PHYSIOTHERAPY

### Z-Wave procedures

The newest device for radial shockwave therapy procedures. It is used to treat arthrosis, arthritis, tendinitis, heel spurs, In anti-cellulite programs, to tighten the skin, Correction of stretch marks, reduction of swelling.

Shock wave therapy procedure on the Z-Wave device, zone 1	20	2 000
Shock wave therapy procedure on the Z-Wave device, zone 2	20	3 600
Shock wave therapy procedure on the Z-Wave device, zone 3-4	30	5 600
Shock wave therapy procedure on the Z-Wave device, zone 5-6	40	6 600

### SMART-THERAPY ON THE SIGMA DEVICE

Sigma is an innovative equipment that has no analogues. Designed for the treatment of muscle injuries, treatment of joint diseases, sprains of muscles and ligaments, reduction of fibrous-scarring changes, restoration of joint mobility.

Sigma Smart therapy: alternating hypo- and hyperthermia	25	1 500
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### INTRATHECAL ELECTROSTIMULATION

#### ACCORDING TO GERASIMOV (VTES)

It has a powerful analgesic effect already after the first treatment. It restores blood circulation in the vertebrae, reduces swelling, slows down the breakdown cartilage in the joints. Promotes reduction of "deposition of salts".

Intrathecal electrostimulation	35	3 600
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### VIBRATION-PERCUSSION THERAPY

A session of vibration-percussion therapy using the Hypervolt device.	30	3 000
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# PHYSIOTHERAPY

**Duration,  
min**                      **Price,  
rub.**

## PHYSIOTHERAPY

Inhalation with medication	<b>15</b>	<b>1 500</b>
Electrophoresis with a drug by prescription of a physiotherapist	<b>25</b>	<b>5 000</b>
Magnetotherapy, zone 1	<b>15</b>	<b>2 000</b>
Magnetotherapy, zone 2	<b>30</b>	<b>3 500</b>
Magnetotherapy, zone 3	<b>45</b>	<b>5 000</b>
Ultraviolet irradiation of the nose and throat	<b>15</b>	<b>700</b>

# PHYSIOTHERAPY

Duration,  
min

Price,  
rub.

## THERMOTHERAPY

Applications with Tambukan mud on one area	20	1 000
Applications with Tambukan mud on two areas	20	1 700
Applications with naphthalan on one area	20	2 000
Applications with naphthalan on two areas	20	3 500
Applications with bischofite on one area	20	1 000
Applications with bischofite on two areas	20	1 700
Local mud wrapping with Tambukan mud for one zone	30	4 000

## Detox peeling

Mayr Detox Body Peeling	20	4 500
Mayr Detox peeling with body wrap in THERMO SPA flotation couch (mud, algae)	40	8 600

# PHYSIOTHERAPY

	Duration, min	Price, rub.
<b>BALNEOTHERAPY</b>		
<b>MAYRVEDA BATH</b> Contains licorice root extract and rosemary. It has Immunomodulatory and dermatological effect	<b>25</b>	<b>4 000</b>
<b>NARZAN BATH</b> It contains mineral salts and carbonic acid, normalizes the heart function, restores the nervous system, Increases efficiency of the cortical cells	<b>15</b>	<b>3 200</b>
<b>NAFTALAN BATH</b> It contains a unique biologically active substance - naphthalene oil, has anti-inflammatory, analgesic effect. It is used to treat skin diseases	<b>20</b>	<b>5 000</b>
<b>BISCHOFIT BATH</b> Used for treatment of diseases of the musculoskeletal system.	<b>20</b>	<b>3 000</b>
<b>LADY ANTLER BATH</b> Normalizes hormonal levels, has a pronounced cosmetic effect and rejuvenates the body	<b>20</b>	<b>5 000</b>
<b>GENTLMEN ANTLER BATH</b> Used for the treatment of diseases of the male genitourinary system. Contributes to the normalization of sexual and reproductive dysfunction and rejuvenation of the body.	<b>20</b>	<b>5 000</b>
<b>AQUASILICUM BATH</b> For the first time in balneological practice, an innovative technology for creating a transdermal therapeutic system has been implemented - comparable to the introduction of a drug through the skin. Increases elasticity, reduces the permeability of capillary walls, has a powerful regenerating and analgesic effect	<b>20</b>	<b>5 000</b>
<b>OXYGEN BATH</b> It has an anti-hypoxic effect, normalizes vegetative and trophic processes due to oxygenated concentrate of sea salt	<b>20</b>	<b>3 000</b>
<b>CLEOPATRA BATH</b> Contains natural salt with natural whey. Stimulates metabolic processes and collagen production, tightens the skin.	<b>20</b>	<b>3 500</b>
<b>APHRODITE BATH</b> It has a pronounced anti-cellulite effect. A natural nourishing cocktail for any type of skin, increases its elasticity, smoothes the skin relief	<b>20</b>	<b>3 100</b>
<b>ANTIOXIDANT BATH</b> Contains rosemary and clove extract. Softens and tones the skin, promotes normalization of the sebaceous glands	<b>20</b>	<b>3 000</b>

# PHYSIOTHERAPY

Duration,  
min

Price,  
rub.

## BALNEOTHERAPY

<b>Anti stress bath.</b> Restores sleep, improves metabolic processes, relaxes the nervous system.	<b>20</b>	<b>3 100</b>
<b>Relax bath.</b> Contains lavender extract, Siberian fir and chamomile. It has a beneficial effect on metabolic processes and capillary circulation.	<b>20</b>	<b>3 100</b>
<b>Breath bath.</b> Contains essential oil of thyme and citronella. It has a powerful anti-inflammatory effect on the respiratory system and works as an immunoprotector.	<b>20</b>	<b>3 000</b>
<b>Phytoncide bath.</b> Enriched with vitamins and trace elements. It has an immunomodulatory effect and has a pronounced anti-pigmentation effect.	<b>20</b>	<b>3 200</b>
<b>Venotonic bath.</b> Contains chestnut and lemongrass extract. It has a pronounced angioprotective effect.	<b>20</b>	<b>3 000</b>
<b>Healthy bath.</b> Contains a complex of natural extracts to maintain well-being, high efficiency, and youthfulness of the body.	<b>20</b>	<b>3 100</b>
<b>Beauty skin bath.</b> Contains extracts of cedar, lavender and chamomile. Promotes pronounced anti-cellulite effect, improves microcirculation and smoothes the skin relief.	<b>20</b>	<b>3 200</b>
<b>Chamomile bath.</b> Contains chamomile extract. It has an anti-inflammatory effect, soothes, brightens, nourishes and smoothes dry and sensitive skin.	<b>20</b>	<b>3 200</b>
<b>Foam bath.</b> Contains licorice root extract, has a pronounced immunomodulatory effect.	<b>20</b>	<b>3 200</b>
<b>Lavender pearl bath.</b> Contains lavender extract - a natural antidepressant. Restores sleep and performance.	<b>20</b>	<b>3 200</b>
<b>Basil pearl bath.</b> Contains basil extract. Antiseptic, the antioxidant and anti-inflammatory properties of basil of a special variety are used in the treatment of the musculoskeletal system and dermatitis.	<b>20</b>	<b>3 200</b>
<b>Parsley pearl bath.</b> Contains parsley extract. Provides decongestant, it has a healing effect and is used in the care of pigmented, sensitive skin.	<b>20</b>	<b>3 200</b>

# PHYSIOTHERAPY

Duration,  
min

Price,  
rub.

## BALNEOTHERAPY

### Skif bath 1

White bath based on highly purified oleoresin turpentine according to Zalmanov. A natural remedy for the restoration of capillary blood flow and activation of metabolic processes.

20

3 100

### Skif bath 2

Yellow bath based on highly purified oleoresin turpentine according to Zalmanov. It has a higher content of turpentine, freely penetrates through the skin, stimulates peripheral blood circulation.

20

3 100

### Skif bath 3

White bath based on highly purified oleoresin turpentine according to Zalmanov with extract from birch buds, oak bark and the golden thousandth. It has a moisturizing effect, toning and relaxing effect.

20

3 100

### Skif bath 4

Yellow bath based on highly purified oleoresin turpentine according to Zalmanov with the addition of extract from birch buds, chaga and propolis. Improves microcirculation and restores the protective properties of the skin.

20

3 100

### Skif bath 5

White bath based on highly purified oleoresin turpentine according to Zalmanov with an extract of fennel, hawthorn, wormwood. It has a regenerating and relaxing effect.

20

3 100

### Skif bath 6

Yellow bath based on highly purified oleoresin turpentine according to Zalmanov with an extract from the fruits of hawthorn, rosehip and juniper. Restores protective properties skin and improves microcirculation.

20

3 100

# PHYSIOTHERAPY

Duration,  
min

Price,  
rub.

## BALNEOTHERAPY

Charcot Shower	10	2 000
Scottish contrast shower	15	1 500
Circular shower	10	1 300
Underwater shower massage	25	4 000
Vichy Shower	15	1 500





## EXERCISE THERAPY AND FITNESS

# EXERCISE THERAPY AND FITNESS

## Exercise therapy and fitness

	Duration, min	Price, rub.
Exercise therapy, individual lesson	50	5 000
Exercise therapy, individual lesson	30	4 000
Exercise therapy, group lesson	60	2 000
Nordic walking, individual activity	50	5 000
Therapeutic swimming in the pool	50	5 000
Water aerobics, individual lesson	40	4 500

# EXERCISE THERAPY AND FITNESS

## Fitness

	Duration, min	Price, rub.
Individual training in the gym	50	5 000
Stretching, individual training	50	5 000
Stretching, training for two	50	7 000
Pilates, individual training	50	5 000
Pilates, training for two	50	7 000
Myofascial release, individual training	50	5 000
Myofascial release, training for two	50	7 000
Open air yoga, group activity on the terrace	50	2 000
Open air yoga, private session on the terrace	50	5 000
Open air yoga, private lesson for two on the terrace	50	7 000
Individual yoga, 5 classes	50	22 500
Individual yoga, 7 classes	50	28 000
Individual yoga, 10 classes	50	35 000
Yoga in mini groups of 3 people	50	3 000
Nordic walking, training for two	60	7 000
Nordic walking, in mini groups of 3 people or more	60	3 000
Nordic walking, individual training	120	7 500
Nordic walking, training for two	120	10 500
Nordic walking, in mini groups of 3 people or more	120	4 500
Yoga in hammocks, individual training	50	5 000
Yoga in hammocks, workout for two	50	7 000
Solstice	30	2 500
Meditation with Tibetan Singing Bowls	50	5 000
Meditation with Tibetan singing bowls for two	50	7 000
Group meditation with Tibetan singing bowls	50	3 000
Meditation and breathing practice	30	4 500
Pranayama	30	4 500



PURIFICATION

# PURIFICATION

	<b>Duration, min</b>	<b>Price, rub.</b>
Mineralization with bitter salt	<b>20</b>	<b>450</b>
Hydrocolonotherapy session	<b>80</b>	<b>4 900</b>
Microclysm with probiotic	<b>20</b>	<b>700</b>
Microclysm with extracts of medicinal herbs	<b>20</b>	<b>700</b>
Microclysms with pantohepatogen and boron uterus extract	<b>20</b>	<b>800</b>
Microclysms with pantohepatogen and nettle	<b>20</b>	<b>800</b>
Enema cleansing	<b>20</b>	<b>900</b>
Microclysm with medication	<b>20</b>	<b>1 500</b>
Phyto-irrigation of the intestine	<b>20</b>	<b>1 000</b>
Tubage	<b>120</b>	<b>2 500</b>



## INSTRUMENTAL DIAGNOSTICS

# INSTRUMENTAL DIAGNOSTICS

Duration,  
min

Price,  
rub.

## INSTRUMENTAL DIAGNOSTICS

Glucose tolerance test	120	2 000
Blood glucose reading with a glucose meter	10	390
Detection of ketone bodies in urine with test-strip	10	500
PH determination in urine with test strip	10	500
Spirometry	20	1 700
Bioimpedance testing on Inbody device with interpretation of results (primary)	25	3 000
Bioimpedance testing on Inbody device with interpretation of results (follow-up)	15	2 000
Measurement of CO in exhaled breath	10	1 500
Measurement of NO in exhaled breath	10	1 500
12-channel ECG	10	1 000
Daily blood pressure monitoring	1 440	9 000
Daily ECG monitoring by the Holter method	20	8 900
Hydrogen breathing test on the Gastrolyzer device - determination of lactose intolerance - 6 measurements.	120	4 800
Hydrogen breathing test on the Gastrolyzer device - determination of fructose absorption disorders - 6 measurements.	120	4 800
Hydrogen breathing test on the Gastrolyzer device - determination of the syndrome of excessive bacterial growth - 10 measurements	150	8 000

# INSTRUMENTAL DIAGNOSTICS

Duration,  
min

Price,  
rub.

## ULTRASOUND DIAGNOSTICS

Ultrasound of the liver	30	2 000
Ultrasound of the hepatobiliary zone	30	2 500
Ultrasound of the pancreas	30	2 000
Ultrasound of the abdominal cavity organs complex (liver, gallbladder, spleen, pancreas)	30	8 900
Ultrasound of the abdominal cavity and retroperitoneal organs (pancreas, liver, gallbladder, spleen and kidneys)	40	9 500
Ultrasound screening (abdominal organs, kidneys, thyroid gland, pelvic organs)	30	15 000
Ultrasound of the pelvic organs	30	5 900
Ultrasound of the thyroid gland and parathyroid jelly	30	3 500
Ultrasound of the mammary glands	30	2 700
Ultrasound of the mammary glands with Doppler examination	30	3 500
Ultrasound of folliculogenesis	30	1 500
Ultrasound of the prostate gland	30	2 700
Transrectal ultrasound of the prostate gland	30	4 500
Ultrasound of the vessels of the penis	30	2 000
Ultrasound Dopplerography of the vessels of the spermatic cord	30	2 000
Ultrasound of the scrotum organs	30	3 500
Ultrasound of the adrenal glands	30	2 500
Ultrasound of the kidneys	30	3 000
Ultrasound of the kidneys and adrenal glands	30	3 500
Ultrasound of the urinary tract (kidneys, bladder)	30	5 000
Ultrasound Dopplerography of vessels (arteries and veins) of the upper extremities	30	4 500
Ultrasound Dopplerography of vessels (arteries and veins) of the lower extremities	30	4 500
Ultrasound Dopplerography of brachiocephalic arteries and veins	30	3 500
Ultrasonic densitometry	30	7 500
Echocardiography (EchoCG)	40	4 500





## LABORATORY DIAGNOSTICS

# LABORATORY DIAGNOSTICS

Price,  
rub.

## GENETIC TESTING

EXPERT Genetic Test	30 800
WELLNESS Genetic Test	21 800
BEAUTY Genetic Test	21 800
IMMUNITY Genetic Test	11 300
NEURO Genetic Test	11 300
Printed version of the personal genetic report	4 700

## HEMATOLOGICAL TESTS. VENOUS BLOOD

Clinical blood test without leukoformula in venous blood (Leukocytes, Erythrocytes, Hemoglobin, Hematocrit, Erythrocyte indices, Platelets) without microscopy (recommended for professional examinations)	350
Clinical blood test with a leukoformula in venous blood (Leukocytes, Erythrocytes, Hemoglobin, Hematocrit, Erythrocyte indices, Platelets, LF) with microscopy of a blood smear in the detection of pathological changes	490
Clinical blood test with a leukoformula in venous blood (Leukocytes, Erythrocytes, Hemoglobin, Hematocrit, Erythrocyte indices, Platelets, LF) with mandatory blood smear microscopy	900
Clinical blood test with a leukoformula in venous blood (Leukocytes, Erythrocytes, Hemoglobin, Hematocrit, Erythrocyte indices, Platelets, LF) with mandatory blood smear microscopy, with ESR	1 140
Leukocyte formula in venous blood with microscopy of a blood smear in the detection of pathological changes	300
Leukocyte formula in venous blood with mandatory blood smear microscopy	530
Hemoglobin in venous blood	350
Reticulocytes in venous blood	350
Platelets in venous blood, microscopy by the Fonio method	440
Erythrocyte Sedimentation rate in venous blood, (ESR)	270

## ISOSEROLOGICAL TESTS

Antibodies to erythrocyte antigens - on the ID card	2 490
Antigens of the Kell system - on the ID card	970
Blood group, Rh factor on the ID card	1 190

# LABORATORY DIAGNOSTICS

Price,  
rub.

## URINE TESTS

General urine analysis + microscopy of urinary sediment	<b>390</b>
The Nechiporenko urine test	<b>440</b>
Chemical analysis of urinary calculus (spectroscopy)	<b>3 330</b>

## Biochemical analysis of urine

Albumin in urine (Microalbumin)	<b>560</b>
Alpha-Amylase in urine (Diastase)	<b>420</b>
Alpha-Amylase in urine daily	<b>420</b>
Glucose in urine	<b>320</b>
Deoxypyridinoline in urine	<b>4 490</b>
Potassium, Sodium, Chlorine in urine	<b>880</b>
Calcium in the urine	<b>370</b>
Creatinine in urine	<b>370</b>
Clearance of endogenous creatinine (The Rehberg–Tareev test)	<b>950</b>
Magnesium in urine	<b>370</b>
Urea in the urine	<b>370</b>
Uric acid in the urine	<b>370</b>
Total protein in urine	<b>370</b>
Phosphorus in urine	<b>370</b>
Oxalates in daily urine	<b>2 560</b>

# LABORATORY DIAGNOSTICS

Price,  
rub.

## STOOL TESTS

Fecal clinical analysis (Coprogram)	740
Fecal analysis for hidden blood	460
Biochemical analysis of feces - markers of intestinal dysbiosis	3 260
Calprotectin (in feces)	4 710
Pancreatic elastase I in feces	3 620
Carbohydrates in feces	1 210

## PARASITIC AND INFECTIOUS DIAGNOSIS OF FECES

Giardia lamblia antigen in feces	1 490
Protozoan antigens (Giardia, Amoeba, Cryptosporidia) in feces	3 260
Antigens of rotaviruses and adenoviruses in feces	1 670
Enterobiosis study (pinworm eggs Enter.v./Ox.v.)	480
Examination of feces for protozoa and helminth eggs (microscopy)	480
Analysis of feces for helminth eggs by Parasep method (18 pathogens causing diseases: opisthorchiasis, lonorhosis, fasciolosis, dicroceliosis, metagonimosis, nanofietosis, diphyllbothriosis, hymenolepidosis, ascariasis, trichocephalosis, ankylostomidosis, strongyloidosis, trichostrongylosis, necatorosis, schistosomiasis, giardiasis, isosporosis, bovine tapeworm)	1 140
Toxins of clostridium (Clostridium difficile) in feces	2 350
Salmonella (Salmonella spp.) - DNA (feces)	1 610
Rotavirus (Rotavirus A, C) - RNA (feces)	1 190
Enterovirus (Enterovirus) - RNA (feces)	1 190
Norovirus (Norovirus types 1 and 2) - RNA (feces)	1 190

# LABORATORY DIAGNOSTICS

Price,  
rub.

## MICROSCOPIC TESTS

### Chemical and microscopic tests

Microscopic examination of the nasal mucosa discharge (rhinocytogram)	700
Microscopic examination of the separated mucous membrane of the eye	700

### Microscopic examination for mycoses and demodex

Microscopic examination of nail plates for fungus	1 090
Microscopic examination of skin scrapings on fungus	1 090
Microscopic examination of hair on fungus	1 090
Demodex examination (scraping from the skin of the nasolabial triangle)	620
Demodex examination (skin scraping)	620
Demodex examination (eyelid skin scraping)	620
Demodex examination (scalp scraping)	620
Demodex examination (facial skin scraping)	620
Research on demodex (scraping from the skin of the hands)	620
Research on demodex (eyebrows)	620
Research on demodex (head hair)	620
Research on demodex (eyelashes of the left eye)	620
Research on demodex (eyelashes of the left and right eye)	620
Research on demodex (eyelashes of the right eye)	620

# LABORATORY DIAGNOSTICS

Price,  
rub.

## FIBROTESTS - LIVER DIAGNOSIS WITHOUT A BIOPSY

Fibrotest (noninvasive diagnosis of liver fibrosis) <ul style="list-style-type: none"><li>- Biochemical indicators of liver function</li><li>- Specific proteins</li><li>- Computer processing of BioPredictive data</li></ul>	<b>19 650</b>
Fibromax (noninvasive advanced diagnosis of liver lesions) <ul style="list-style-type: none"><li>- Biochemical indicators of liver function and lipid metabolism</li><li>- Specific proteins</li><li>- Computer processing of BioPredictive data</li></ul>	<b>22 220</b>
Genofibrotest (noninvasive diagnosis of liver fibrosis, assessment of the activity of the necroinflammatory process and prognosis of the effectiveness of antiviral therapy) <ul style="list-style-type: none"><li>- Biochemical indicators of liver function</li><li>- Specific proteins</li><li>- Hepatitis C virus RNA studies</li><li>- IL28B genotype</li><li>- Computer processing of BioPredictive data</li></ul>	<b>22 800</b>
Steatoscreen (noninvasive diagnosis of liver steatosis) <ul style="list-style-type: none"><li>- Biochemical indicators of liver function and lipid metabolism</li><li>- Specific proteins</li><li>- Computer processing of BioPredictive data</li></ul>	<b>15 140</b>

# LABORATORY DIAGNOSTICS

Price,  
rub.

## BIOCHEMICAL ANALYSIS

### Coagulology

APTT (APTT, activated partial (partial) thromboplastin time)	300
PTI (Prothrombin Index)	410
INR (International Normalized Ratio)	370
Fibrinogen	390
D-dimer	1 580

### Coagulogram

Coagulogram-1 INR, PTI	410
Coagulogram-2 ACTV, INR, PTI, fibrinogen	1 460

### Substrates

Total bilirubin	310
Bilirubin straight	310
Indirect Bilirubin	460
Homocysteine	1 960
Cystatin C	2 580
Creatinine	310
Urea	310
Uric acid	310

### Protein metabolism

Albumin	310
Total protein	310
Protein fractions (A/G coefficient, a1-, a2-, b-, !-globulins, albumin) - electrophoresis method	480

### Carbohydrate metabolism

Glucose	280
Glycosylated Hemoglobin (HbA1c)	790
Fructosamine	560
Lactate (lactic acid)	950

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Lipid metabolism

Apolipoprotein A-1	900
Apolipoprotein B	720
Triglycerides	340
Lipoprotein (a), Lp(a)	670
Total cholesterol	300
Cholesterol-HDL	340
Cholesterol-LDL	340

## Iron metabolism

Whey iron	340
OZHSS (Latent Iron Binding capacity)	390
OZHSS (General Iron binding capacity)	490
Transferrin	670
Ferritin	670

## Enzymes

ALT (Alanine Aminotransferase)	310
AST (Aspartate Aminotransferase)	310
ALT + AST	620
Alpha-1-antitrypsin	1 490
Amylase is common	370
Pancreatic amylase	460
GGT (GGT, Gamma-glutamyltransferase)	310
GIDH (glutamate dehydrogenase, GLDH)	460
GC (CK, Creatine Kinase)	440
KK-MB (KK-MB, Creatine Kinase-MB)	490
Lipase	560
LDH (Lactate Dehydrogenase)	340
LDH-1, 2 (Lactate Dehydrogenase - 1, 2, Hydroxybutyrate Dehydrogenase)	370
Ostase (alkaline bone phosphatase)	14 410
Cholinesterase	420
Total acid phosphatase	370
Phosphatase is alkaline	310



# LABORATORY DIAGNOSTICS

Price,  
rub.

## Rheumatoid markers and specific proteins

Alpha-2-Macroglobulin	3 030
ASLO (Antistreptolysin-O)	620
RF (Rheumatoid factor)	600
CRP (C-reactive protein)	530
ASLO + CRP + RF	1 740
Ultra-sensitive C-reactive protein (hsCRP)	880
Lambda chains of immunoglobulins in serum	3 130
Kappa chains of immunoglobulins in serum	4 260
Esterase Inhibitor of complement C1 - general	2 100
Esterase inhibitor of complement C1 - functional	4 710

## Acute phase proteins and tissue damage

Alpha-1-acid Glycoprotein (Seromuroid)	2 370
Haptoglobin	930
Ceruloplasmin	930

## Proteins - markers of infections

Neopterin (diagnosis of viral infections, tuberculosis)	3 030
Procalcitonin (diagnosis of BAC infections, sepsis)	2 450

## Proteins - markers of cardiac activity

NT-proBNP (N-terminal brain natriuretic propeptide)	4 040
Myoglobin	1 090
Troponin I	1 260

## Electrolytes and trace elements

Potassium (K) + Sodium (Na) + Chlorine (Cl)	1 050
Ionized calcium (Ca <sup>2+</sup> )	560
Potassium (K)	390
Calcium (Ca)	320
Magnesium (Mg)	320
Sodium (Na)	390
Phosphorus (P)	320
Chlorine (Cl)	320

# LABORATORY DIAGNOSTICS

Price,  
rub.

## **Inorganic compounds (inductively coupled plasma mass spectrometry (ICP-MS))**

Aluminum (Al) in the blood (ICP-MS)	<b>1 670</b>
Boron (B) in the blood (ICP-MS)	<b>1 670</b>
Cadmium (Cd) in the blood (ICP-MS)	<b>1 670</b>
Cobalt (Co) in the blood (ICP-MS)	<b>1 670</b>
Silicon (Si) in the blood (ICP-MS)	<b>1 670</b>
Lithium (Li) in Blood (ICP-MS)	<b>1 670</b>
Manganese (Mn) in the blood (ICP-MS)	<b>1 670</b>
Copper (Si) in the blood (ICP-MS)	<b>1 670</b>
Molybdenum (Mo) in the blood (ICP-MS)	<b>1 670</b>
Arsenic (As) in the blood (ICP-MS)	<b>1 670</b>
Nickel (Ni) in the blood (ICP-MS)	<b>1 670</b>
Mercury (Hg) in the blood (ICP-MS)	<b>1 670</b>
Lead (Pb) in the blood (ICP-MS)	<b>1 670</b>
Selenium (Se) in the blood (ICP-MS)	<b>1 670</b>
Antimony (Sb) in the blood (ICP-MS)	<b>1 670</b>
Titanium (Ti) in the blood (ICP-MS)	<b>1 670</b>
Chromium (Cr) in the blood (ICP-MS)	<b>1 670</b>
Zinc (Zn) in the blood (ICP-MS)	<b>1 670</b>

# LABORATORY DIAGNOSTICS

Price,  
rub.

## **Inorganic compounds in hair (inductively coupled plasma mass spectrometry (ICP-MS))**

Aluminum (Al) in hair (ICP-MS)	<b>1 670</b>
Boron (B) in hair (ICP-MS)	<b>1 670</b>
Cadmium (Cd) in hair (ICP-MS)	<b>1 670</b>
Cobalt (Co) in hair (ICP-MS)	<b>1 670</b>
Silicon (Si) in hair (ICP-MS)	<b>1 670</b>
Lithium (Li) in hair (ICP-MS)	<b>1 670</b>
Manganese (Mn) in hair (ICP-MS)	<b>1 670</b>
Copper (Cu) in hair (ICP-MS)	<b>1 670</b>
Molybdenum (Mo) in hair (ICP-MS)	<b>1 670</b>
Arsenic (As) in hair (ICP-MS)	<b>1 670</b>
Nickel (Ni) in hair (ICP-MS)	<b>1 670</b>
Mercury (Hg) in hair (ICP-MS)	<b>1 670</b>
Lead (Pb) in hair (ICP-MS)	<b>1 670</b>
Selenium (Se) in hair (ICP-MS)	<b>1 670</b>
Antimony (Sb) in hair (ICP-MS)	<b>1 670</b>
Titanium (Ti) in hair (ICP-MS)	<b>1 670</b>
Chrome (Cr) in hair (ICP-MS)	<b>1 670</b>
Zinc (Zn) in Hair (ICP-MS)	<b>1 670</b>

## **Vitamins and Fatty Acids**

Vitamin B12	<b>1 110</b>
Vitamin B9 (folic acid)	<b>1 580</b>
Vitamin A (retinol)	<b>4 040</b>
Vitamin B1 (thiamine)	<b>4 040</b>
Vitamin B5 (pantothenic acid)	<b>4 040</b>
Vitamin B6 (pyridoxine)	<b>4 040</b>
Vitamin C (ascorbic acid)	<b>4 040</b>
Vitamin D total (25-hydroxycalciferol)	<b>2 420</b>
Vitamin E (tocopherol)	<b>4 040</b>
Vitamin K1 (phylloquinone)	<b>4 040</b>

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Heavy metals, Micronutrients (inductively coupled plasma mass spectrometry (ICP-MS))

Comprehensive blood test for the presence of heavy metals and Micronutrients (23 indicators, ICP-MS method): Li, B, Al, Si, Ti, Cr, Mn, Co, Ni, Cu, Zn, As, Se, Mo, Cd, Sb, Hg, Pb +standard Mg, Ca, Fe, K, Na **7 730**

Comprehensive analysis of hair for the presence of heavy metals and Micronutrients (23 indicators, ICP- MS method): Li, B, K, Na, Mg, Al, Si, Ca, Ti, Cr, Mn, Fe, Co, Ni, Cu, Zn, As, Se, Mo, Cd, Sb, Hg, Pb **7 730**

## Antioxidant status

Malondialdehyde **6 050**

KoQ10 **7 060**

Glutathione **6 050**

8-OH-deoxyguanosine **6 050**

Assessment of oxidative stress (comprehensive study):  
Coenzyme Q10, vitamin E, vitamin C, beta-carotene, glutathione, malondialdehyde, 8-OH-deoxyguanosine (HPLC-MS method) **22 870**

# LABORATORY DIAGNOSTICS

Price,  
rub.

## IMMUNOLOGICAL TESTS

### Cellular immunity

Lymphocyte subpopulations (comprehensive study) total number of leukocytes and lymphocytes, T- lymphocytes (CD3), T-helper cells (CD3+CD4+), T- cytotoxic (CD3+CD8+), "double" cells (CD4+/CD8+) B-lymphocytes (CD19+), natural killers (NK cells CD16/CD56), T-killers (T-NK cells CD3+CD16/CD56)	<b>7 730</b>
Phagocytosis (phagocytic granulocytes, phagocytosis index, phagocytic monocytes, phagocytosis index)	<b>5 040</b>
Cellular immunity (comprehensive study): subpopulations of lymphocytes and phagocytosis	<b>12 240</b>

### Immunoglobulins

Immunoglobulin A general	<b>460</b>
Immunoglobulin M total	<b>460</b>
Immunoglobulin G total	<b>460</b>
Immunoglobulin E general	<b>690</b>
Immuno-electrophoresis-screening (differentiation of gammopathies: lambda chains, kappa chains of immunoglobulins)	<b>4 710</b>
Immuno-electrophoresis (complex study) with quantitative determination: includes differentiation of gammopathies: lambda chains, kappa chains of immunoglobulins electrophoretically (immunofixation) + quantitative opr; Immunoglobulins IgG, IgM, IgA	<b>13 210</b>

### CIC and complement system

C3 Complement component	<b>980</b>
C4 Complement component	<b>980</b>
Humoral immunity (comprehensive study): includes C3 complement component, C4 complement component, immunoglobulins IgA, IgM, IgG, IgE, circulating immune complexes (CIC - C1q), C- reactive protein	<b>3 530</b>
Circulating immune complexes (CIC-C1q)	<b>1 530</b>

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Interleukins

Interleukin 1b	3 230
Interleukin 6	3 230
Interleukin 8	3 230
Interleukin 10	3 230

## Immune status - comprehensive studies

Immune status (comprehensive study):  
lymphocyte subpopulations, humoral immunity indicators  
(C3, C4 complement components, immunoglobulins IgA, IgM,  
IgG, IgE, circulating immune complexes (CIC - Clq), C-reactive protein

10 420

Immune status - advanced profile (comprehensive  
study): lymphocyte subpopulations, phagocytosis,  
humoral immunity indicators (C3, C4 complement components,  
immunoglobulins IgA, IgM, IgG, Iga, circulating immune  
complexes (CIC - Clq), C-reactive protein)

20 580

## Interferon status - a comprehensive study

Interferon status (complex analysis): serum interferon,  
spontaneous interferon (IFN- alpha), spontaneous interferon  
(IFN-gamma), induced alpha-IFN, induced gamma-IFN

5 040

# LABORATORY DIAGNOSTICS

Price,  
rub.

## HORMONAL STUDIES AND SPECIFIC PROTEINS

### Thyroid function

Antibodies to the TSH receptor (anti-TSH)	2 490
Antibodies to thyroglobulin (ATG)	770
Antibodies to thyroperoxidase (ATPO)	740
Thyroid-stimulating hormone (TSH)	560
Thyroxine (T4)	630
Thyroxine free (T4)	630
Triiodothyronine (T3)	630
Triiodothyronine free (t3)	630
Thyroglobulin (TG)	1 070
Thyroid Hormone Absorption Test	2 420

### The function of the reproductive system

17-OH-Progesterone (17-OH-Prg)	900
Steroid profile of daily urine (complex analysis 17-ketosteroids): androsterone, androstenedione, dehydroepiandrosterone, etiochoanolone, epiandrosterone	3 870
Androstenedione	1 790
Androstenediol glucuronide,	2 450
Anti-müllerian hormone	2 020
Sex Hormone Binding Globulin (SHBG)	700
Dihydrotestosterone (DHT)	2 240
Dehydroepiandrosterone Sulfate (DHEA)	600
Inhibin B	2 490
Luteinizing Hormone (LH)	650
Prolactin (Prl)	560
Prolactin-macro (M-Prl) + Prolactin (Prl)	1 610
Progesterone (Prg)	670
Total Testosterone (Test)	560
Testosterone free: total testosterone, SHBG, albumin, free testosterone index	1 440
Follicle Stimulating Hormone (FSH)	650
Estradiol (E2)	650

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Parathyroid gland function and bone tissue metabolism

Calcitonin	1 510
Marker of bone matrix formation P1NP (N-terminal propeptide of procollagen type 1)	2 730
Oligomeric matrix protein of cartilage (COMP) (marker of articular cartilage remodeling; diagnosis of osteoarthritis)	5 380
Parathyroid hormone (PTH)	1 140
C-terminal collagen Telopeptides (" -Cross Laps)	1 110
Osteocalcin	1 140

## Pancreatic function and diabetes diagnosis

Antibodies to insulin (IAA)	2 100
Antibodies to beta cells of the pancreas	2 520
Antibodies to glutamate decarboxylase (a-GAD)	2 280
Insulin (IRI)	790
HOMA-IR: glucose, insulin, insulin resistance index	1 090
Proinsulin	2 280
C-peptide	670

## Function of the pituitary-adrenal system

Adrenocorticotrophic hormone (ACTH)	1 140
Aldosterone	1 250
Cortisol (K)	630
Cortisol in daily urine	1 250
Cortisol in saliva (morning/afternoon portion)	2 100
Cortisol in saliva (evening/night portion)	2 100
Renin	1 490

## Somatotropic function of the pituitary gland

Somatomedin C (ins. under. growth factor I, IPFR-I)	2 370
Somatotropic hormone (STH)	840



# LABORATORY DIAGNOSTICS

Price,  
rub.

## **Sympathoadrenal system**

Adrenaline in the daily urine	2 070
Histamine	2 780
Histamine in daily urine	2 370
Dopamine in daily urine	2 370
Serotonin	2 440
Serotonin in daily urine	2 370
Metanephrines are common	1 670
Free Metanephrines in daily urine	1 670
Norepinephrine in daily urine	2 070
Normetanephrines are common	1 670
Normetanephrine free in daily urine	1 670
5-hydroxyindoacetic acid in daily urine	2 780

## **Gastropanel**

Gastrin-17 stimulated	4 340
Pepsinogen I	1 750
Pepsinogen II	1 750

## **Hormones regulating erythropoiesis**

Erythropoietin	1 750
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## **Adipose Tissue Hormones**

Leptin	1 440
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# LABORATORY DIAGNOSTICS

Price,  
rub.

## Oncological markers of various localization

B2 -microglobulin	1 490
NSE	2 140
SCC	3 060
UBC II (bladder cancer marker) in urine	3 160
Protein S-100	4 070
REA	950
CA-15.3	1 020
CA-125	910
CA-19.9	1 020
CA- 242	1 260
CA-72.4	1 440
Secretory protein 4 of the epididymis (NON-4)	2 780
ROMA Index: Ovarian tumor Risk Index (HE4 + CA 125)	3 530
Fragments of cytokeratin 19 - CYFRA- 21.1	1 610
Diagnosis of myeloma: Immunoglobulins IgG, IgM, IgA, IgE; Paraproteins in serum and urine (immunoelectrophoresis); Kappa and lambda light chains of immunoglobulins in serum (number)	10 420

## Markers of the prostate gland

PSA general	760
PSA general + PSA free	1 580
PSA free (additional order)	830
Prostatic Acid phosphatase (PAP)	830

# LABORATORY DIAGNOSTICS

Price,  
rub.

## INFECTIOUS DIAGNOSTICS

HepB (HBsAg)+HepS (aHCV-IgM/G)+Syphilis (RMP)\* **1 470**

HepB (HBsAg) + HepS (aHCV-IgM/G)\* **1 050**

### **HIV (required. passport data)**

HIV antibodies 1/2 + antigen p24\* **560**

### **Hepatitis A**

Hepatitis A virus – Ig M antibodies **1 040**

Hepatitis A virus – Ig G antibodies **1 040**

### **Hepatitis B**

HBsAg (Hepatitis B) **440**

Anti-HBsAg QUANTITATIVELY (Hepatitis B) **900**

Hbsag (Hepatitis B) **900**

Anti-Hbsag (Hepatitis B) **900**

Anti-Hbcorag -IgM (Hepatitis B) **900**

Anti-Hbcorag -igg (Hepatitis B) **900**

Hepatitis B virus (HBV) - PCR **740**

Hepatitis B virus (HBV) QUANTIFIED BY PCR **5 380**

### **Hepatitis C**

Anti-HCV-IgM/IgG (Hepatitis C) **620**

Anti-HCV-IgM (Hepatitis C) **900**

Anti-HCV-core, -NS3, -NS4, -NS5 -Ig/G - 4 indicators (Hepatitis C) **1 090**

Hepatitis C virus (HCV) - PCR **1 020**

Hepatitis C virus (HCV) QUANTIFIED BY PCR **6 420**

Hepatitis C virus genotyping (1a, 1b, 2, 3a/b) - PCR **1 930**

### **Other Hepatitis**

Hepatitis D virus (HDV) - sum antibodies. **1 490**

Hepatitis E virus - IgM **1 790**

Hepatitis E virus – IgG **1 790**

\* Without issuing a certificate for citizenship, visa, employment.

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Herpesvirus infection

Herpes simplex virus type 2 - Iq M antibodies	790
Herpes simplex virus type 2 - Iq G antibodies	790
Herpes simplex virus type 2 - antibodies ig G avidity	1 490
Herpes simplex virus type 2 - RIF Antigen	790
Herpes simplex virus type 1/2 - Ig antibodies	790
Herpes simplex virus type 1/2 - ig G antibodies	790
Herpes simplex virus type 1/2 - antibodies Iq G avidity	1 490
Herpes simplex virus type 1/2 - DNA (blood)	740
Herpes simplex virus type 1/2 - DNA (urine)	620
Herpes simplex virus type 1/2 - DNA (saliva)	620
Herpes simplex virus type 6 - DNA (blood)	740
Herpes simplex virus type 6 - DNA (urine)	620
Herpes simplex virus type 6 - DNA (saliva)	620
Herpes simplex virus type 8 - DNA (blood)	740
Herpes simplex virus type 8 - DNA (urine)	620
Herpes simplex virus type 8 - DNA (saliva)	620

## Cytomegalovirus infection

Cytomegalovirus - Iq M antibodies	900
Cytomegalovirus - Iq G antibodies	700
Cytomegalovirus - antibodies Iq G avidity	1 490

## Epstein-Barr Virus

Epstein-Barr virus Early Antigens (EA) - IgG	1 190
Epstein-Barr Virus Capsid Protein (VCA) - IgM	1 050
Epstein-Barr Virus Capsid Protein (VCA) - IgG	910
Epstein-Barr virus nuclear antigen (EBNA) - IgG	910
Epstein-Barr virus - antibodies Iq G avidity	1 490

## Varicella Zoster virus

Varicella Zoster virus (VZV) - Iq M	1 670
Varicella Zoster Virus (VZV) - Iq G	1 670

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Rubella

Rubella virus - Iq antibodies	840
Rubella virus - Igg antibodies QUANTITATIVELY	790
Rubella virus - IgG antibodies avidity	1 540

## Other viral infections

Measles virus - IgG antibodies	1 320
Mumps virus (Mumps) - IgM antibodies	1 320
Mumps virus (Mumps) - IgG antibodies	1 320
Tick-borne encephalitis virus - IgG antibodies	910
Tick-borne encephalitis virus - Ig M antibodies	1 190
Resistance to parvovirus B19 IgG (Parvovirus B19 IgG)	1 560
Resistance to parvovirus B19 IgM (Parvovirus B19 IgM)	1 840

## Syphilis

Syphilis RMP - Cardiolipin Test	420
Syphilis (Treponema pallidum) - antibodies of Sums	1 490
Syphilis (Treponema pallidum) - Ig M antibodies	1 090

## Toxoplasmosis

Toxoplasma Gondi - antibodies Ig M	900
Toxoplasma of Gondi - Ig G antibodies QUANTITATIVELY	700
Toxoplasma Gondi - antibodies Ig G avidity	1 490

## Fungal infections

Aspergillus flavus - IgE antibodies	790
Candida albicans - IgE antibodies	790

## Helicobacteriosis

Helicobacter pylori - total antibodies	950
Helicobacter pylori antigen in feces	1 490
Helicobacter pylori - DNA (feces)	1 050

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Parasitic infections

Ascarida - Igg Antibodies	1 020
Ascarida - IgG antibodies	1 020
Giardia - Igm antibodies	1 020
Giardia - antibodies of Sums	1 020
Opisthorchiasis - IgG antibodies	1 020
Toxocars - IgG antibodies	790
Trichinella - IgG antibodies	790
Echinococcus - IgG antibodies	1 020

## Streptococcal infection

Streptococcus group A hem. (Str. pyog) - DNA (nasal scraping)	740
Streptococcus group A hem. (Str. pyog) - DNA (throat scraping)	740
Streptococcus pneumonia (Str. pneum.) - DNA (throat scraping)	1 140
Streptococcus pneumonia (Str. pneum.) - DNA (nose scraping)	1 140

## Coronavirus

Coronavirus SARS-Cov-2 - RNA (oropharyngeal scraping)	2 280
Coronavirus SARS-Cov-2 – RNA (oropharyngeal scraping) confirmation test	
Coronavirus - anti-SARS-Cov 2 - Ig M antibodies	1 610
Coronavirus - anti-SARS-Cov 2 - Ig G antibodies	1 610



# LABORATORY DIAGNOSTICS

Price,  
rub.

## Other infections

Borrelia - Ig M antibodies	1 020
Borrelia - Ig G antibodies	1 020
Brucellosis - Sum Antibodies (PHA)	700
Diphtheria Toxoid - Sum Antibodies (PHA)	1 260
Yersinia enterocolitica - Sum antibodies. (PHA-03;09)	1 140
AB to Yersinia enterocolitica IgA	2 100
AB to Yersinia enterocolitica IgG	2 100
Pseudotuberculosis (Ab to Yersinia pseudotuberculosis) - Sum antibodies.	1 140
AB to Vi-antigen (typhoid fever), PHA	950
Shigella Sonne - sum antibodies. (PHA)	1 140

## MICROBIOLOGICAL STUDIES with identification of microorganisms by time-of-flight MASS spectrometry (MALDI-TOF) and determination of sensitivity: MICROBIOLOGICAL STUDIES OF feces

### Antimicrobial susceptibility testing (AST)

Microbiological examination of feces for intestinal microflora with AST and bacphages (DYSBIOSIS)	2 100
Microbiological examination of feces for pathogenic intestinal group (salmonella, shigella) with AST (DISGROUP)	970
Microbiological examination of feces for Staphylococcus aureus: St. aureus with AST	1 320
Fecal sowing on clostridium (Clostridium difficile)	970

### MASS SPECTROMETRY

Determination of the Omega-3 index by gas chromatography mass spectrometry, blood	10 080
Investigation of microbial markers by gas chromatography - mass spectrometry (according to Osipov), blood	10 080
Investigation of microbial markers by gas chromatography - mass spectrometry (according to Osipov), scraping	10 080



# LABORATORY DIAGNOSTICS

Price,  
rub.

## AUTOIMMUNE RESEARCH

Antinuclear antibodies (ANA-screening)	<b>2 100</b>
Anti-nuclear antibodies (immunoblot; comprehensive study): AB to nuclear antigens: SS-A52, SS-A60, SS-B, RNP, Sm, centromere B, Jo-1, Scl-70, Ribosomal protein	<b>5 460</b>
Antibodies to 2-helical IgG DNA (dsDNA)	<b>1 670</b>
Antibodies to single-chiral DNA (anty-ssDNA)	<b>2 100</b>
Antibodies to extractable nuclear antigens	<b>4 710</b>
Antibodies (IgG) to nucleosomes	<b>2 100</b>
Screening of connective tissue diseases (comprehensive study): Anti-nuclear antibodies (ANA-screening), AB to 2-helical IgG DNA (dsDNA), At to extractable nuclear antigens	<b>4 860</b>
Anti-neutrophil antibodies and antibodies to the basal membrane of kidney glomeruli (immunoblot; comprehensive study): At to proteinase-3 (anti-PR3), AB to myeloperoxidase (anti-MPO), anti-GBM	<b>3 030</b>
Anti-neutrophil antibodies - extended profile (comprehensive study): AB to antigens: proteinase-3 (anti-PR3), myeloperoxidase (anti-MPO), BPI protein, elastase, cathepsin G, lysozyme, lactoferrin	<b>6 390</b>
Antibodies in myositis (complex study, immunoblot): AB to the antigens M2, Jo-1, PL-7, PL-12, PM- Scl-100, Mi-2, Ku(p70/80), SRP, Rip-P	<b>6 220</b>
Antibodies to C1q complement factor	
Diagnosis of granulomatous vasculitis (comprehensive study): Anti-nuclear antibodies (ANA screening) + Anti-neutrophil antibodies (extended panel: anti-PR3, anti-MPO, anti-BPI, Resistance to elastase, cathepsin G, lysozyme, lactoferrin)	<b>2 100</b>
Diagnosis of autoimmune kidney damage (comprehensive study): Anti-nuclear antibodies (ANA screening), Anti-neutrophil antibodies (immunoblot: anti-PR3, anti-MPO, anti-GBM)	<b>12 560</b>
	<b>4 200</b>

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Rheumatoid arthritis

Antibodies to cyclic citrullinated peptides (anti-CCP)	3 030
Antibodies to citrullinated vimentin (anti-MCV)	4 710
Diagnosis of seronegative rheumatoid arthritis (comprehensive study): Rheumatoid factor, Antibodies to cyclic citrullinated peptides (anti-CCP), Antibodies to modified citrullinated vimentin (anti-MCV)	4 710

## Antiphospholipid syndrome

Antibodies to phospholipids IgM (total antibodies to cardiolipin, phosphatidylserine, phosphatidylinositol, phosphatidylic acid and b2- glycoprotein!)	1 490
Antibodies to phospholipids IgG (total antibodies to cardiolipin, phosphatidylserine, phosphatidylinositol, phosphatidylic acid and b2-glycoprotein!)	1 490
Antibodies to cardiolipin IgG	1 790
Antibodies to cardiolipin IgM	1 790
Lupus anticoagulant	1 320
Antibodies to beta2-glycoprotein IgG	2 690
Antibodies to beta2-glycoprotein IgM	2 690
Diagnosis of secondary antiphospholipid syndrome (comprehensive study): Antibodies to cardiolipin IgG, Antibodies to cardiolipin IgM, Anti-nuclear antibodies (ANA screening)	4 370

## Autoimmune hepatitis

Antibodies to the asialoglycoprotein receptor (anti-ASGPR) IgG (diagnosis of autoimmune hepatitis)	2 690
Diagnosis of autoimmune liver diseases (comprehensive extended study): Anti-nuclearantibodies (ANA screening) + Autoantibodies to liver and pancreatic antigens + Antibodies to smooth muscles (immunoblot)	5 880

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Diagnosis of autoimmune and inflammatory diseases of the Gastrointestinal tract

Antibodies in autoimmune and inflammatory diseases of the gastrointestinal tract (autoimmune gastritis, pernicious anemia, celiac disease, Crohn's disease) (comprehensive study, immunoblot): AB to gliadin, At to tissue transglutaminase (tTG), AB to internal factor (Kastla), AB to the parietal cells of the stomach, ASCA-AB to <i>Saccharomyces cerevisiae</i>	<b>3 700</b>
Antibodies to tissue transglutaminase (tTG) IgA	<b>2 100</b>
Antibodies to tissue transglutaminase (tTG) IgG	<b>2 370</b>
Diagnosis of celiac disease - screening (comprehensive study): Antibodies in autoimmune and inflammatory diseases of the gastrointestinal tract (immunoblot) + AB to tissue transglutaminase (tTG) IgA (number)	<b>4 710</b>
Antibodies to gliadin IgA	<b>2 370</b>
Antibodies to gliadin IgG	<b>2 370</b>
Antibodies to deaminated peptides of alpha-gliadin IgA	<b>2 370</b>
Antibodies to deaminated peptides of alpha-gliadin IgG	<b>2 370</b>
Antireticulin antibodies of IgG and IgA (APA) classes (NRIF)	<b>2 520</b>
Differential diagnosis of Crohn's disease and ulcerative colitis – screening (comprehensive study): Antibodies in autoimmune and inflammatory diseases of the gastrointestinal tract (immunoblot) + Anti-neutrophil antibodies-expanded panel (AB to antigens PR3, MPO, BPI, elastase, cathepsin G, lysozyme, lactoferrin) + Calprotectin (in feces)	<b>13 690</b>
Antibodies to neutrophil cytoplasm, ANCA class IgA	<b>1 790</b>
Antibodies to neutrophil cytoplasm, ANCA class IgG	<b>2 280</b>
Antibodies <i>Saccharomyces cerevisiae</i> , ASCA class IgG	<b>1 840</b>
Antibodies of <i>Saccharomyces cerevisiae</i> , ASCA class IgA	<b>1 790</b>
Antibodies to the parietal (lining) cells of the stomach	<b>1 790</b>

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Autoimmune markers of the pancreas

Autoantibodies to liver/pancreatic antigens + Antibodies to smooth muscles (comprehensive study, immunoblot): AB to antigens: antimitochondrial (AMA-M2), anti-nuclear (sp100, gp210), soluble liver/pancreatic antigen (SLA/LP), type 1 liver and kidney microsome antigen (LKM-1), cytoplasmic liver type 1 antigen (LC-1), smooth muscle antigens (F-actin, tropomyosin, alpha-actinin) **5 720**

Antibodies to tyrosine phosphatase (anti-IA2) **3 530**

Determination of the concentration of IgG4 subclass of immunoglobulins (diagnosis of autoimmune pancreatitis) **2 830**

## Diagnosis of autoimmune diseases of the lungs and heart

Antibodies to myocardium **2 100**

## Autoimmune skin diseases

Antibodies to skin desmosomes **2 690**

Antibodies to the basement membrane of the skin **2 690**

## Autoimmune diseases in neurology (antibodies to the antigens of nervous tissue and skeletal muscles)

Antibodies to skeletal muscles (diagnosis of myasthenia gravis) **2 100**

Antibodies to gangliosides (IgG+IgM) in serum (comprehensive study, immunoblot): AB to antigens: GM1, GM2, GM3, GM4, GD1a, GD1b, GD2, GD3, GT1a, GT1b, GQ1b, sulfatide **13 050**

Antibodies to gangliosides (IgG) in serum (immunoblot): AB to antigens: GM1, GM2, GM3, GM4, GD1a, GD1b, GD2, GD3, GT1a, GT1b, GQ1b, Sulfatide **7 230**

Antibodies to gangliosides (IgM) in serum (immunoblot): AB to antigens: GM1, GM2, GM3, GM4, GD1a, GD1b, GD2, GD3, GT1a, GT1b, GQ1b, Sulfatide **7 230**

Antibodies to gangliosides (IgG) in the cerebrospinal fluid (immunoblot): AB to antigens: GM1, GM2, GM3, GM4, GD1a, GD1b, GD2, GD3, GT1a, GT1b, GQ1b, sulfatide **7 230**

Antibodies to aquaporin-4 (NMO) IgG **5 720**

# LABORATORY DIAGNOSTICS

Price,  
rub.

## Autoimmune pathology in endocrinology and reproduction

Antibodies to steroid-producing adrenal cells	2 690
Antibodies to ovarian tectonic cells	2 690
Antibodies to steroid-producing testicular cells	2 690
Antibodies to steroid-producing cells of the placenta	2 690
Antibodies to steroid-producing ovarian cells (ASPC-Ovary)	2 690
Antibodies to ovarian antigens (total)	2 450
Antibodies to sperm antigens (total)	1 960
Antibodies to sperm antigens Ig G	1 960
Antibodies to spermatozoa	3 530
Antibodies to hCG IgG	1 930
Antibodies to hCG IgM	1 930

## Additional autoimmune studies

IgG Platelet Antibodies (RIF)	3 530
Antinuclear factor (ANF) on HEp-2 clet.lines (RnIF)	2 100
Antiperinuclear factor (ACE) on Hep-2 clet.lines (RnIF)	2 100
Diagnosis of inflammatory myocardopathies (complex study): Antibodies to the myocardium, Antibodies to mitochondria + doctor's opinion	3 530
Diagnosis of paraneoplastic encephalitis (comprehensive study): AB to the antigens Yo-1, Hu, Ri, Ma, Amphyphisin + doctor's report	6 390
Diagnosis of cystic dermatoses (comprehensive study): ADA, ABM + doctor's report	4 710
Extended specialized study for differential diagnosis of colitis (complex study): ANCA IgG and IgA, ASCA IgG and IgA, antibodies to goblet cells of the intestine and pancreatic ducts + doctor's conclusion	5 380
Extended specialized study for the diagnosis of celiac disease (comprehensive study): Antibodies to deaminated peptides of gliadin IgA and IgG, Antibodies to tissue transglutaminase IgA and IgG, Antibodies to reticulin IgA and IgG, Antibodies to endomysium + doctor's opinion	6 050

# LABORATORY DIAGNOSTICS

Price,  
rub.

Antimitochondrial antibodies (AMA)	<b>1 490</b>
Antibodies to Endomia (AEA) of IgA class	<b>1 930</b>
At annex V (A5) classes IgG and IgM	<b>3 200</b>
Antibodies to endothelial cells (HUVEC)	<b>3 200</b>
Antibodies to myeloperoxidase	<b>2 190</b>
Antibodies to proteinase-3 (anti-PR-3)	<b>1 930</b>
Antibodies to the basal membrane of the ball (BMC)	<b>2 520</b>
Antikeratin antibodies (AKAs)	<b>2 520</b>
Antibodies to smooth muscles AGMA	<b>2 280</b>
Antibodies to Castle factor - Internal Factor (AMF)	<b>2 280</b>
Antibodies to Colon Glass Cells	<b>3 030</b>
Antibodies to IgG lymphocytes	<b>3 030</b>

# LABORATORY DIAGNOSTICS

Price,  
rub.

## ALLERGOLOGICAL STUDIES

Eosinophil Cationic Protein (ECP)	2 420
Tryptase	7 730

### Allergological panels

Milk panel No. 1, Ig E: cow's milk, boiled milk, goat's milk, kefir	1 370
Milk panel No. 2, Ig E: #-lactalbumin, "- lactoglobulin, casein, chicken egg (whole)	1 370
Cereal panel No. 1, Ig E: wheat, rye, barley, oats	1 370
Cereal Panel No. 2, Ig E: corn, rice, buckwheat, millet bran.	1 370
Meat panel No. 1, Ig E: pork, beef, lamb, rabbit	1 370
Meat panel No. 2, Ig E: beef liver, duck meat, chicken meat, turkey meat	1 370
Panel "vegetables" No. 1, Ig E: tomatoes, carrots, potatoes, zucchini/zucchini	1 370
Panel ""vegetables No. 2, Ig E: eggplant, beetroot, pumpkin, paprika	1 370
Fish panel No. 1, Ig E: salmon/salmon, trout, pink salmon, herring	1 370
Fish panel No. 2, Ig E: mackerel, carp, shrimp, hake	1 370
Fruit panel No. 1, Ig E: apple, pear, apricot, cherry	1 370
Fruit panel No.2, Ig E: grapefruit, orange, tangerine, lemon	1 370
Fruit panel No.3, Ig E: strawberry/strawberry, kiwi, banana, peach	1 370
Fruit panel No. 4, Ig E: pineapple, melon, watermelon, grapes	1 370
Spices panel, Ig E: onion, garlic, dill, parsley	1 370
Panel "beans", Ig E: peas, soybeans, white beans, lentils	1 370
Panel "assembly", Ig E: baker's yeast, chocolate, mushrooms (champignons), honey	1 370
Panel "nuts", Ig E: almonds, pistachios, walnuts, peanuts	1 370
Panel "antibiotics", Ig E: amoxicillin, ciprofloxacin, tetracycline, gentamicin	1 370

# LABORATORY DIAGNOSTICS

Price,  
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Household panel, epid, and others: coca epid, dog epithelium, sheep epithelium and wool, rabbit epithelium

**1 370**

Household panel, feathers, for example: chicken feathers, canary feathers, budgie feathers, pigeon feathers

**1 370**

Household panel, poultry mites, for example: dermatophagoides pteronyssinus, dermatophagoides farinae, dermatophagoides microceras, glycyphagus domesticus

**1 370**

Pollen panel, collected, IgE: common ragweed, common wormwood, dandelion, plantain

**1 370**

Pollen panel, meadow, playing: collected hedgehog, meadow oatmeal, meadow timothy, meadow bluegrass

**1 370**

Pollen panel, trees, Ig E: Olga seraya, birch warty, three-sided poplar, linden

**1 370**

Fungus panel, example: penicillium notatum, cladosporium herbarum, candida albicans, aspergillus niger

**1 370**



## GENETIC RESEARCH

Gilbert 's syndrome. Determination of insertion (variant UGT1A1\*28) in the promoter region of the UGT1A1 gene

**7 730**

### **Determination of the genetically mediated risk of type 1 diabetes mellitus**

Determination of the variant in the PTPN22 gene (Arg620Trp; R620W) (type 1 diabetes mellitus, rheumatoid arthritis) by sequencing

**8 910**

The risk of developing type 1 diabetes. Determination of polymorphisms associated with the development of hemochromatosis (5 polymorphisms: PTPN22 (Arg620Trp; R620W), UBASH3A (rs11203203), UBASH3A (rs2839511), VDR (b/B; BsmI Polymorphism), VDR (ApaI Polymorphism)) by sequencing method

**15 780**

### **Determination of the genetically mediated risk of type 2 diabetes mellitus**

Predisposition to obesity and diabetes (PPARG: 34 C>G (Pro12Ala), KCNJ11: C>T (Glu23Lys), NPY: A>G (Leu7Pro), FTO: T>A (IVS1), LPA: T>C (Ile4399Met), SREBF2: 1784 G>C (Ala595Gly))

**5 250**

Determination of variants in TCF7L2 (RS 7903146: IVS3C>T), PPARG (Pro12Ala; P12A), ADIPOQ (G276T) genes by Sequencing

**14 010**

### **Lactose intolerance**

Lactose metabolism GENE Determination of polymorphisms associated with lactose metabolism disorders (MSM6 (-13910 T>C))

**5 380**

## SYSTEMIC GENETIC RISKS

### Detailed genetic examination for men

(AGTR1: 1166 A>C, AGTR2: 1675 G>A, CYP11B2: -344 C>T, FGB: -455 G>A, F2: 20210 G>A, F5: 1691 G>A (Arg506Gln), ITGA2: 807 C>T (Phe224 Phe), ITGB3: 1565 T>C (Leu33Pro), MTHFR: 677 C>T, MTHFR: 1298 A>C, MTR: 2756 A>G (Asp919Gly), MTRR: 66 A>G (Ile22Met), PPARG: 34 C>G (Pro12Ala), VDR: 283 A>G (BsmI), FTO: T>A (IVS1), LPA: T>C (Ile4399Met), SREBF2: 1784 G>C (Ala595Gly), IL-6: -174 G>C, IL-10: -1082 G>A, IL1A: -889 C>T, IL1B: 3953 C>T, IL1B: -511 C>T, IL-4: -589 C>T, IL-4: -33 C>T, IL-4R: 1902 A>G (Gln576Arg))

15 780

### Detailed genetic examination for a woman

(GNB3: 825 C>T (Ser275Ser), AGT: 704 (803) T>C (Met235Thr), AGT: 521C>T (Thr174Met), AGTR1: 1166 A>C, AGTR2: 1675 G>A, CYP11B2: -344 C>T, FGB: -455 G>A, F2: 20210 G>A, F5: 1691 G>A (Arg506Gln), SERPINE1 (PAI- 1): -675 5G>4G, ITGA2: 807 C>T (Phe224 Phe), ITGB3: 1565 T>C (Leu33Pro), MTHFR: 677 C>T, MTHFR: 1298 A>C, MTR: 2756 A>G (Asp919Gly), MTRR: 66 A>G (Ile22Met), VDR: 283 A>G (BsmI), LPA: T>C (Ile4399Met), FTO: T>A (IVS1), PPARG: 34 C>G (Pro12Ala), KCNJ11: C>T (Glu23Lys), IL-6: -174 G>C, IL-10: -1082 G>A, IL1A: - 889 C>T, IL1B: 3953 C>T, IL1B: -511 C>T, IL-4: -589 C>T, IL-4: -33 C>T, IL-4R: 1902 A>G (Gln576Arg), BRCA1:185delAG, BRCA1:4153delA, BRCA1:5382insC, BRCA2:6174delT)

18 040

## Cardiovascular system, thrombosis

### CardioGEN Hypertension

Determination of polymorphisms associated with the risk of hypertension (9 polymorphisms:

ADD1 (1378 G>T (Gly460Trp)), AGT (704(803) T>C (Met235Thr)), AGT (521 C>T (Thr174Met)), AGTR1 (1166 A>C), AGTR2 (1675 G>A), CYP11B2 (-344 C>T), GNB3 (825 C>T (Ser275Ser)), NOS3 (-786 T>C), NOS3 (894 G>T (Glu298Asp)))

10 920

### CardioGEN Thrombophilia

Determination of polymorphisms associated with the risk of thrombophilia (8 polymorphisms: F2- prothrombin (20210 G>A), F5-proaccelerin (1691 G>A (Arg506Gln)), F7-proconvertin/convertin (10976 G>A (Arg353Gln)), F13A1-fibrinase (G>T (Val34Le)), FGB-fibrinogen (-455 G>A), ITGA2-a2-integrin (807 C>T (F224F)), ITGB3-b3-integrin (1565 T>C (L33P)), PAI-1-serpine (-675 5G>4G))

7 230

**The GENE of folate metabolism.** Determination of polymorphisms associated with folate cycle disorders (4 polymorphisms: MTHFR (677 C>T (A222V)), MTHFR (1298 A>C (E429A)), MTR (2756 A>G (D919G)), MTRR (66 A>G (122M)))

5 380

### Genetic risk of atherosclerosis and coronary heart disease, predisposition to dyslipidemia (SREBF2: 1784 G>C

(Ala595Gly), LPL: 1595 C>G (S447X), LPL: A>G (Asn291Ser), ABCA1: 1051 G>A (Arg 219 Lys), APOE: T>C (Cys158Arg), LPA: T>C (Ile4399Met), MTR: 2756 A>G (Asp919Gly), MTRR: 66 A>G (Ile22Met), NPY: A>G (Leu7Pro), FGB: -455 G>A, F5: 1691 G>A (Arg506Gln), SERPINE1 (PAI-1): -675 5G>4G, ITGA2: 807 C>T (Phe224 Phe), ITGB3:1565 T>C (Leu33Pro), F13: G>T (Val34Leu), F7: G>A (Arg353Gln))

14 170

## Determination of genetically mediated lipid metabolism disorder (endothelial dysfunction)

Identification of variants in the AoE gene (ApoE (\*E2,\*E3,\*E4; T388C; Cys112Arg; ApoE epsilon 4; SNP92-APOE; C526T; Arg158Cys; 2198C>T)

11 260

Identification of variants in the ApoS3 gene (3 polymorphisms: ApoC3 (C-482T), ApoC3 (T-455C), ApoC3 (C3238G))

12 560

Determination of a variant in the PON1 gene (Gln192Arg; Q192R) by sequencing

9 080

# LABORATORY DIAGNOSTICS

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## OTHER COMPREHENSIVE GENETIC STUDIES

Collection "Alopecia" 15 polymorphisms: AR ((CAG)n repeat; S/L), AR ((GGN)n repeat; S/L), AR (E211G/A; AR-E211G>A), AR (rs6625163), AR (rs2223841), EDA2R (rs1352015), EDA2R (Arg57Lys; R57K), IL1B (C3954T; C3953T; TaqI polymorphism), IL1RN (L/S; allele 2; intron 4 VNTR 86 bp), IL6 (G-174C), LOC100270679 (rs1160312), LOC100270679 (rs913063), MIF (G-173C; 173G>C), NC- 000020.10 (rs2180439), PTPN22 (Arg620Trp; R620W) by sequencing

**33 110**

Collection "Acne" 13 polymorphisms: AR ((CAG)n repeat; S/L), CYP17A1 (A2 allele; T-34C), CYP21A2 (CYP21A2\*15; Val281Leu; V281L), CYP21A2 (CYP21A2\*10; Del 8 bp E3), CYP21A2 (CYP21A2\*9; A/C655G), CYP21A2 (CYP21A2\*8; Pro30Leu; P30L), CYP21A2 (CYP21A2\*11; Ile172Asn; I172N), CYP21A2 (CYP21A2\*17; Gln318Ter; Q318X), CYP21A2 (CYP21A2\*18; Arg356Trp; R356W), CYP21A2 (CYP21A2\*19; Pro453Ser; P453S), FSHB (Tyr76Ter; Y76X; Tyr94Ter; Y94X), IL1A (G4845T), TNF (TNF-308; G-308A) by sequencing

**25 410**

## Conclusion on genetic research

Analytical conclusion of a geneticist on one profile

**3 110**

# LABORATORY DIAGNOSTICS

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## LABORATORY RESEARCH PROFILES

ANEMIA of UAC with LF, Serum iron, BCC, Ferritin	<b>1 980</b>
BLOOD BIOCHEMISTRY AST, ALT, GGTP, Total protein, Protein fractions, Total Bilirubin, Direct Bilirubin, Glucose, Creatinine, Urea, Cholesterol total, pti	<b>3 750</b>
HYPERTENSION General Urinalysis, Creatinine, Glucose, Triglycerides, Total cholesterol, HDL, LDL, Urea, Uric acid, Potassium	<b>3 140</b>
LIPIDOGRAM Total cholesterol, HDL, LDL, Triglycerides, Atherogenicity index	<b>1 300</b>
OSTEOPOROSIS Alkaline phosphatase, Calcitonin, Osteocalcin, PTH, Ionized calcium	<b>4 470</b>
LIVER Total Protein, Protein fractions, Bilirubin total, ALT, AST, GGTP, Alkaline phosphatase, Fibrinogen, PTI, Straight Bilirubin	<b>3 270</b>
KIDNEYS Creatinine, Urea, Uric Acid, Potassium, Sodium, Chlorine, General urinalysis	<b>2 390</b>
PANCREATIC Amylase, Glucose, Total cholesterol, Amylase (Diastase) in urine	<b>1 370</b>
RHEUMATOLOGY - extended UAC with LF, Total protein, Fibrinogen, Protein fractions (electrophoresis), Antistreptolysin O, Rheumatoid factor, C-reactive protein, Antibodies to 2 helices. DNA	<b>4 850</b>
DIABETES MELLITUS Glucose, Glik.hemoglobin (HbA1c), C-peptide, Insulin	<b>2 420</b>
HEART AND VESSELS OF UAC with LF, PTI, Fibrinogen, Total cholesterol, HDL, LDL, triglycerides, ALT, AST, GGTP, Glick. Hemoglobin (HbA1c), CRP, Potassium, Sodium, Chlorine	<b>5 660</b>
The DIGESTIVE SYSTEM is expanded: ALT, AST, GGTP, Total protein, Albumin, Total amylase, Alkaline phosphatase, Total Bilirubin, Direct Bilirubin, AT K Helicobacter pylori antibodies sum, Wedge. stool analysis	<b>4 320</b>
JOINTS: UAC with LF, General. urine analysis, Antibodies to 2-helical DNA, ASLO, CRP, RF, Chlamydia trachoma.-IgG	<b>4 980</b>
THYROID GLAND - screening: TSH, T4, ATPO	<b>1 930</b>

# LABORATORY DIAGNOSTICS

Price,  
rub.

THYROID GLAND- expanded: TTG, TK, T4, sv.T4, ATG, ATPO, TG	<b>4 830</b>
OVERWEIGHT AND OBESITY Total Cholesterol, Glycol. Hemoglobin (HbA1c), C-peptide, TSH, Testosterone, Cortisol, Estradiol, Prolactin, Leptin	<b>5 900</b>
FOOD ALLERGY Food panels Ig E (allergens - 72 pcs.), Ig E general	<b>22 230</b>
MEN'S HEALTH Testosterone, Sex Hormone Binding Globulin (SHBG), DHEA-C, Estradiol LH, FSH, TSH, Prolactin	<b>4 730</b>
MEN'S ONCOLOGY REA, CA-19.9, PSA general + free.	<b>3 400</b>
WOMEN'S HEALTH LH, FSH, Prolactin, Estradiol, TSH, ATPO, Cytological examination, HPV 16, 18	<b>5 580</b>
FEMALE ONCOLOGY REA, CA-19.9, CA-125, CA-15.3	<b>3 730</b>
EXPECTANT MOTHER UAC with LF, Blood type + Rh factor, ALT, AST, Potassium/Sodium/Chlorine, Total Bilirubin, Glucose, Creatinine, Urea, TSH, LH, FSH, Prolactin, Estradiol, Testosterone, AT to HIV 1/2+AG, AT to Treponema pallidum sum, HBsAg, a-HCV sum., Hypoplasma hominis IgG, IgA, Ureaplasma urealitycum IgG, IgA, Chlamydia thrachom. IgA, IgG	<b>15 730</b>
FUTURE DAD UAC with LF, Blood type + Rh factor, LH, FSH, Testosterone, Sex Hormone Binding Globulin (SHBG), a-HIV 1,2+AG, Treponema pallidum sums, HBsAg, anti-HCV sums.	<b>7 040</b>
TORCH infections Toxoplasma IgM+IgG, Rubella IgM+IgG, CMV IgM+IgG, RUNWAY/2 IgM+IgG	<b>6 140</b>
PARASITIC PROFILE SCREENING: UAC with LF, Giardia sum., Toxocara, Ascaris, Opisthorchia - Ig G, Ig E General	<b>4 810</b>
PARASITIC PROFILE - extended: UAC with LF, Giardia sum.; Toxocara, Ascaris, Opisthorchia, Trichinella, Echinococcus - antibodies Ig G, PARASEP (18 indicators), Ig E total	<b>7 630</b>
INTIMATE HEALTH ELISA antibodies to chlamydia +ureapl +mycopl +trichome +RUNWAY/2 - IgG+IgA	<b>9 160</b>
VIRAL HEPATITIS B,C - primary diagnosis: HBsAg, a-HCV amounts.	<b>1 050</b>
VIRAL HEPATITIS B - vaccination effectiveness: a-HBsAg number.	<b>900</b>

# LABORATORY DIAGNOSTICS

Price,  
rub.

VIRAL HEPATITIS B - examination: HBsAg, a-HBsAg, a-HBcoreAg -IgG **2 230**

VIRAL HEPATITIS C- examination: HCV-PCR, a-HCV sums. **1 630**

3 MANDATORY ANALYSES (including for hospitalization):  
HepV (HBsAg) + HepS (aHCV-IgM/G) + Syphilis (RMP) **1 470**

ANNUAL PREVENTIVE PROFILE OF UAC with  
LF, AST, ALT, GGTP, Alkaline phosphatase, Glucose,  
Total Bilirubin, Triglycerides, Cholesterol., Total protein,  
Potassium/Sodium/Chlorine, Total Calcium, **6 560**  
Creatinine, Urea, T4 free, TSH, General urinalysis

CARDIO (cholesterol, HDL, LDL, triglycerides, ALT,  
AST, LDH, Glucose, CRP, CRP (highly sensitive), B12,  
fibrinogen, prothrombin, ACTV, INR, glycosylated  
hemoglobin, rheumatoid factor, creatine kinase, **11 550**  
creatine kinase-MB, homocysteine, troponin I, brain  
natriuretic peptide, omega 3 index, calcium,  
potassium, sodium, chlorine, magnesium)

MEN'S HEALTH (cholesterol, HDL, LDL, triglycerides, ALT, AST,  
glucose, CRP, CRP (highly sensitive), PSA, PSA free, B12,  
fibrinogen, prothrombin, ACTV, INR, glyated hemoglobin HbA1c, **13 880**  
25(OH) vitamin D, rheumatoid factor, calcium, potassium, sodium,  
chlorine, magnesium, zinc, molybdenum)

LUNG HEALTH (CRP, CRP (Highly sensitive), cholesterol, HDL,  
LDL, triglycerides, neuro-specific enolase (NSE), cytokeratin 19  
(Cyfra 21-1), REA) **18 130**